

# Sex+ Health Guide.

Twentyeight is here to teach you everything you need to know about birth control, sexually transmitted infections and other sexual and reproductive health topics - all vetted by doctors.

We hope to provide you with the knowledge you need to make your own decisions about sex and sexual health. It's YOUR body, after all.

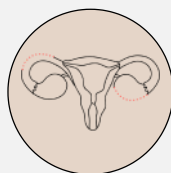
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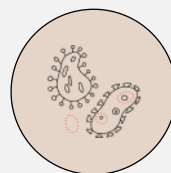
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BIRTH CONTROL



REPRODUCTIVE HEALTH



STIS



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## Featured Article

BIRTH CONTROL

### HOW TO START BIRTH CONTROL

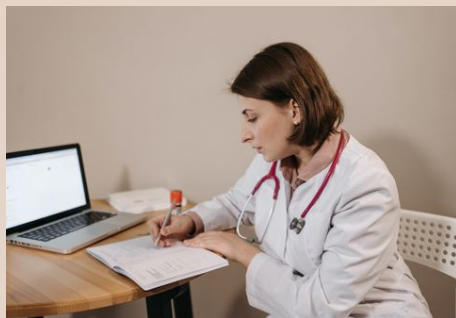
2 min read

No need to stress about logistics, we're here to help! Whether you're starting birth control for the first time, or switching brands, here are instructions coming directly from doctors. Following these instructions carefully can help you stay protect

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# Latest articles



## INSURANCE AND PRESCRIPTION FAQS

We understand that details around insurance and prescriptions can sometimes be hard to decipher. That's why we will use this article to answer common questions our users may ask us.

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BIRTH CONTROL, REPRODUCTIVE HEALTH

## UNDERSTANDING YOUR BIRTH CONTROL OPTIONS

Get to know your choice in birth control and how it may affect your menstrual cycle from these two verified healthcare organizations, Twentyeight Health & August.

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BIRTH CONTROL, REPRODUCTIVE HEALTH

## HORMONAL BIRTH CONTROL OPTIONS AND ITS IMPACT ON PERIODS

Learn about hormonal birth control options and its impact on periods from Twentyeight Health and August (a period care company).

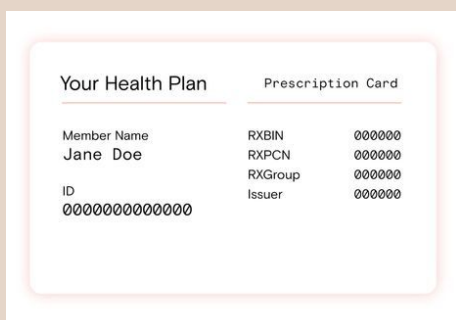
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## MORNING AFTER PILL - MYTHS VS. FACTS

There are many misconceptions about when and how to use this medication. It's important to understand the facts about the morning after pill so that if you need to use it in the future you use it correctly.

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## TYPES OF INSURANCE CARDS

There are different types of insurance cards that are used in different circumstances, and this article will help you find the insurance information you need.





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REPRODUCTIVE HEALTH, BIRTH CONTROL, POPULAR ARTICLE

### HOW TO START MEDICALLY ADVOCATING FOR YOURSELF

It seems like as the world progresses, sex education curriculum in the U.S. is falling backwards. August and Twentyeight Health came together to brainstorm our ideal sex ed curriculum based on commonly asked questions from our communities.

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