

Toys & Games > Learning & Education > Flash Cards

1step2dream Spanish English Affirmation Cards for Kids | Bilingual Motivational Cards | 30 Positive Empowering Cards for Students | Mindfulness, Affirmations, Self Esteem, Relaxation & More

\$10⁹⁹

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Style: Spanish affirmation-30pc

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Spanish affirmation-30pc \$10.99

Brand: 1step2dream, Size: 30 Cards, Material: Paper, Theme: Animals, Language, Age Range (Description): Kid

About this item

- 30 designs of animal musician... Those Spanish positive affirmations are specifically designed for kids!... As you can see, the quotes we've chosen are in the present, rather than the future tense... Come with 7 affirmation cards for parents or teacher... All our Spanish affirmations are short and clear as this will make it easier for the child to understand and repeat them... WHO'S IT FOR? These empowering mindful cards can be used by / for: kids, teens, tweens, parents, school counselor supplies, therapy counselors, children counseling, students, classroom, occupational therapists, yoga cards for kids etc.



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Product information

Product Dimensions	0.5 x 0.5 x 0.5 inches
Item Weight	3.52 ounces
Country of Origin	China
ASIN	B09XV4CGL3
Item model number	Spanish affirmation-30pc
Manufacturer recommended age	24 months - 10 years
Best Sellers Rank	#42,467 in Toys & Games (See Top 100 in Toys & Games) #295 in Educational Flash Cards #357 in Toddler Learning Toys #976 in Preschool Learning Toys
Manufacturer	1step2dream

Warranty & Support

Product Warranty: For warranty information about this product, please [click here](#)

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Product Description

What are affirmations?

Affirmations, or positive affirmations, are short powerful statements that you make to yourself to reinforce your kids' belief in their ability to achieve something. They can repeat them every morning or every evening, or write them down and come back to them on a regular basis.

When learning a language, it could, for example, be the following statements which have been included in our cards:

PUEDO HACER COSAS GRANDES./I can do big things.

Puedo superar cualquier cosa./I can get through anything.

Progresaré en mis metas./I will make progress on my goals.

Está bien no saberlo todo./It's okay to not know everything.

Positive affirmations essentially programme our kids' brain to focus on the positive and to recognise the strengths that they already have rather than focusing on the negatives and the things they don't yet have. They can use the technique to boost their self-esteem, improve their internal motivation and strengthen their ambition.

When used for language learning, positive affirmations can help them eliminate the fear that's holding them back when trying to reach a higher level of proficiency in their target language. They can also help them open up to opportunities that they've so far felt were not possible or even non-existent.

Using affirmation cards with children will help them develop their Spanish literacy skills. They will recognise that words have meanings linked to the pictures on the card and what is said to them. They will also develop a wider Spanish vocabulary of positive words to use in Spanish language. Encourage children to affirm each other and think of alternative words to use rather than the ones you have modelled. Also encourage them to affirm themselves, for example "Sigues mejorando."

Effective use of affirmations by all staff within a provision will help to support the management of behaviour as the children will quickly pick up that they are receiving affirmation for positive behaviour, words and actions. This will make them feel good about themselves and others, and they are more likely to be well behaved.

Children will also be more open to learning if they receive affirmation, as they will be feeling emotionally safe within the provision. They are also more likely to complete tasks if they have received positive affirmation that they can do the task.



HOW DO YOU USE SPANISH AFFIRMATION CARDS FOR KIDS?

There are a number of ways you can use Spanish affirmation cards for kids. The most important part is repetition. When they repeat something again and again, their brain accepts what they are saying as fact. Once their brain is on board and they believe in what they're saying, it makes it easier for their actions to follow suit.

Using these affirmation cards for kids can help kids to develop positive Spanish & English self-talk. And that positive self-talk will serve as the foundation for a healthy relationship with themselves that will carry into adulthood.

You can use affirmations with your child when they are:

Getting ready for school in the morning to bolster their confidence and help them prepare to take on the day.

Trying something for the first time to help them adopt a growth mindset.

Feeling challenged by a situation to ease their anxiety

Getting ready for bed to assist them in relaxing and enjoying a restful night's sleep.

What's in the box

- 30pc affirmation cards

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