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## HOT YOGA & FITNESS STUDIOS

### FIND YOURSELF AT THE FOUNDRY

Our unique range of classes means anyone can transform their body, mind, and spirit at The Foundry. And with a growing list of locations and online classes, you can experience the Foundry from just about anywhere. Here are just a few of our offerings:

26&2 HOT YOGA / HOT FLOW / HOT HIIT / HOT PILATES  
HOT BARRE / YIN YOGA / MEDITATION / TEACHER TRAINING

### LOCAL, FAMILY-OWNED STUDIOS (/LOCATIONS)



(/classes)

#### CLASSES (/CLASSES)

Choose from a variety of Hot Yoga, Hot Pilates, Hot HIIT, and Hot Barre classes.

[VIEW OUR CLASSES \(/CLASSES\)](#)



(/locations)

#### LOCATIONS (/LOCATIONS)

We have 6 locations with more on the way! Find one close to you.

[OUR LOCATIONS \(/LOCATIONS\)](#)



(<https://thefoundry-online.com>)

#### ONLINE ([HTTPS://WWW.THEFOUNDRY-ONLINE.COM](https://www.thefoundry-online.com))

Take our classes anytime, anywhere with more than 100 on-demand classes!

[ONLINE CLASSES \(HTTPS://WWW.THEFOUNDRY-ONLINE.COM\)](https://www.thefoundry-online.com)



(<https://thefoundryyoga.com/events-calendar>)

#### EVENTS ([HTTPS://THEFOUNDRYYOGA.COM/EVENTS-CALENDAR](https://thefoundryyoga.com/events-calendar))

There's always something eventful happening at The Foundry. See what's up!

[VIEW CALENDAR \(/EVENTS-CALENDAR\)](#)

## WELCOME TO THE FOUNDRY!

Welcome New Students to The Foundry!



## DOWNLOAD OUR APP TO GET STARTED



(<https://apps.apple.com/us/app/the-foundry-az/id1250700495>) ([https://play.google.com/store/apps/details?hl=en\\_US&id=com.fitnessmobileapps.thefoundryaz](https://play.google.com/store/apps/details?hl=en_US&id=com.fitnessmobileapps.thefoundryaz))

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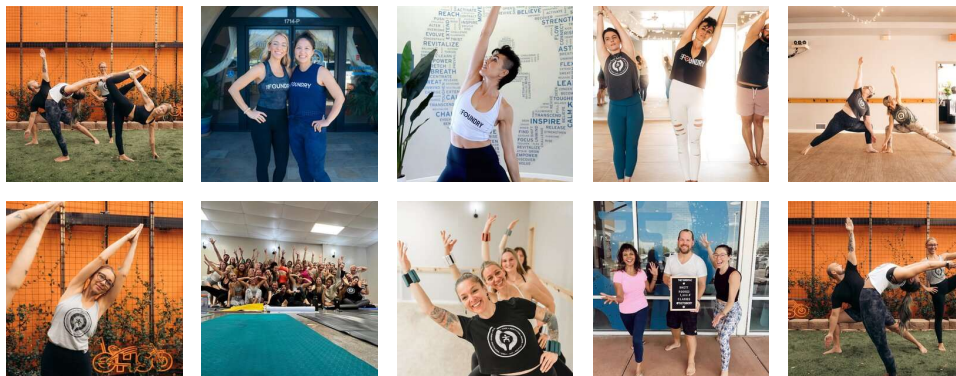
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M/STORE/APP  
S/DETAILS?  
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=COM.FITNES  
SMOBILEAPPS  
.THEFOUNDRY  
AZ)

## THE FOUNDRY WAY OF LIFE

We're a movement of people who are passionate about practicing and sharing what we've learned. We're about pursuing experiences that push and transport us to a better place. And we take lots of photos along the way.



## GIVE AND YOU WILL RECEIVE

Things are always in motion at the Foundry and we like it that way. Sign up for our newsletter and stay tuned to our latest adventures, happenings and promotions.

First Name \*

Last Name \*

Email Address \*

Select Your State \*

SUBMIT

CONTACT (/CONTACT)

**AZ:** Arcadia, Avondale, Paradise Valley, Tempe-Mesa, Flagstaff | **CA:** Thousand Oaks

602-468-9642 (tel:6024689642) | [info@thefoundryyoga.com](mailto:info@thefoundryyoga.com) (mailto:info@thefoundryyoga.com)

[Contact \(/contact\)](/contact) | [Terms & Conditions \(/terms-and-conditions\)](/terms-and-conditions) | © 2022 The Foundry Yoga | Site design by Noble Cand  
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