



Arthritis Today

Updates & Tips to Live Your Best Life



What causes arthritis?

Are Genetics to Blame?

Understanding what causes arthritis has been a key question for researchers. Scientists have determined certain genes are associated with some forms of autoimmune arthritis, and they also believe other factors could be triggers. Find out what research shows about this genetic link to certain types of arthritis.

[Find Out if You Have It](#)

Women with rheumatoid