

Get Help

Call Now

ROGER



We hear you, and we're here for you.

The hardest missions are the ones we try to face alone. We're always just a call away.

Get Help

Get Well. Live Free.

We're a mental health ally for all service members and veterans from every branch and every generation, regardless of discharge status.

Whether you served one day, 20+ years or anywhere in between, you have an ally in ROGER.

We have the resources you need for a lifetime of mental wellness.

Get Help

Get to Know ROGER



Confidential



Consistent





Empowering

We aren't stuck in the rut of just doing things the way they've always been done. We pay attention to what you need and how you feel. Most importantly, we pay attention to what works for you.

We don't deal in red tape. We're there for you when - and how - you need us. The work we do together is between us. We're an independent organization, so we don't report back to the DoD or VA.

We're focused on helping you as a whole person. What we do is personalized to *you* because that's the best way to get *you* back to thriving. We don't put a time limit on the process - we're your ally as long as you need us.



How does ROGER help?

At our core, we specialize in overcoming crisis and trauma. We go about mental wellness differently than others, though.

You're not a number to us, or just another appointment on our schedule. You laid it on the line for us, so we'll lay it on the line for you.

When you're with ROGER, we make sure you get the mental health support you need as a whole person

<https://goroger.org>

write person.

Need crisis intervention? *We got you.*

Proactive planning? *Got you.*

Reforming of habits? *Yep.*

Help navigating the system? *Check.*

All of the above or something else? *Got you.*

That's the deal. ROGER. We hear you. We're here for you.

[Get Connected](#)



What Makes Us Different?

We're not at all affiliated with the DoD or the VA. What does that mean for you? It means freedom.

Your mental health is personal. We mobilize what works for you, and move past what doesn't.

We don't do things by the book, either. Service is service. No matter who you are or how you served, we're here.

You're in safe hands when it comes to clearance, career track, and chain of command. Since
<https://goroger.org>

ROGER is in safe hands when it comes to clearance, career track, and chain of command. Since we're independent, we don't have reporting requirements.

You don't have to figure it all out on your own. You have a mental wellness ally who actually gets it.

[Find Out More](#)



ROGER™ is a program of Stop Soldier Suicide. Stop Soldier Suicide is a registered 501(c)3 that has achieved the Platinum Seal of Transparency from GuideStar™. All services are 100% free to service members and veterans. Neither ROGER nor SSS have any DoD or VA affiliation.

Learn more at [StopSoldierSuicide.org](https://stopsoldiersuicide.org)

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