



"The Communities Third Parent"

2015 Birch Rd. Suite 201
Chula Vista, CA 91915
info@kidsonthegosd.com
(619) 407-7756

Kids on the Go is committed to helping your child and family thrive and succeed. Each child has an individual path to success and there are community supports to help them get there. Kids on the Go is happy to assist families and fulfill their mission as *"The Communities Third Parent"*.

SAN DIEGO REGIONAL CENTER

TO APPLY FOR EARLY START SERVICES FOR CHILDREN 0-3 YEARS OLD:

"In San Diego and Imperial County, the intake process for California Early Start was designed to allow for multiple points of entry into the program. The parent or legal guardian has the option of contacting one of several participating agencies to request services.

The initial request for services is made by phone. During the phone call the Early Start Program is explained, and permission is secured for the referral information to be shared with the other participating agencies at a weekly referral review meeting. Following that meeting, a Service Coordinator is assigned to coordinate evaluations and plan for needed services and supports. Eligibility must be determined within 45 days of the initial request. If the child is found eligible for the program, an Individualized Family Service Plan (IFSP) is developed in collaboration with the family and any other participating agencies that will be providing early intervention services. If the child is found not eligible, the family will be referred to other appropriate resources to address their concerns."

Parent needs to initiate screenings for developmental services

For more information, please contact:

San Diego County = (858) 576-2938

Provider calls E.F.R.C- (619)594-7416

Fax: (858) 496-4328

Website: <http://sdrc.org/>

Chula vista Elementary School District

"Special Education programs are available for children with identified learning disabilities, which include language disorders. Other disabilities are emotional disorders, orthopedic, visual or hearing impairments, mental retardation, autism, and multi-handicaps. Referral for identification of a child (ages 3-21) who has a special need may come from parents, guardians, school staff, or community agencies.

If eligible for a District program, an Individualized Education Program (IEP) is developed to meet the child's educational needs and will be reviewed annually. Detailed information is available from Pupil Instructional Services at the Education Service and Support Center"

Request an IEP after 3 Years old

(619) 425-9600, ext. 1700

Website: <https://www.cvesd.org/cms/One.aspx?portalId=412034&pageId=936561>



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South bay community services

"South Bay Community Services provides a holistic and comprehensive array of programs and services for children, youth and families to help them overcome challenges and succeed. SBCS touches the lives of more than 50,000 each year in San Diego County. To learn more or find the right program, please visit our following areas of focus for a listing. "

For more information call 619.420.3620 or SBCS 24-hour hotline 800.640.2933

Website:

<https://southbaycommunityservices.org/who-we-are>

First 5

Head, hand, heart speaks to First 5 San Diego's philosophy of the need to care for the whole child during the first years of life.

First 5 San Diego promotes the health and well-being of young children during their most critical years of development, from the prenatal stage through five years of age. Our goal is to help ensure that every child in San Diego County enters school ready to succeed.

First 5 San Diego provides San Diego's youngest children with healthy development screenings, dental care, high-quality preschool, and parenting workshops.

First 5 San Diego programs and services are funded through San Diego County's portion of the State's Proposition 10 tax revenues. Programs and services are funded based on local needs and priorities and fit within the Commission's goals.

Call First 5 San Diego Resources Telephone:
888-5 First 5 or 888-534-7785(toll free program information)

Website:

<http://first5sandiego.org/healthy-development-services/>

Early intervention service birth to 3 and parent to parent

Maryanne (619)594-7416

Website: efrconline.org



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Products, Assistance Services and Recommendations

San Diego Food Bank-Diaper Bank

Website: <https://sandiegofoodbank.org/programs/diaper-bank-program/>

The need is significant. A healthy child will require an average of 50 diaper changes a week. That's approximately 2,600 diaper changes a year. And with more than 48% of the nation's children under age three living below the poverty level or in low-income families, there are approximately 5.4 million children across America who could need assistance.

Our new Diaper Bank Program will help by distributing diapers to families in need through our existing food distribution programs and through our network of 400 nonprofit partners. The goal will be to provide much-needed diapers to low-income parents who reside in San Diego County so they can remain employed, provide for their families, and lift themselves out of poverty.

WIC San Diego

Website: <https://sandiegowic.org/i-want-wic-2/>

WIC is a Nutrition Program for Women, Infants, and Children. WIC serves pregnant women, women who have recently been pregnant, infants, and children up to their 5th birthday. Moms, dads, grandparents, foster parents, other caregivers, and guardians may apply for the children they are raising. Many working families, including military and migrant workers, as well as families that have private health insurance, are surprised to learn that they qualify for WIC. WIC provides benefits for a variety of nutritious foods, nutrition education, support for breastfeeding, and referrals to other services in your community.

Educational Toys for Children:

www.lakeshore.com

<https://www.discountschoolsupply.com>

Health and Wellness Recommended Products:

Lanolin Cream: A fantastic balm to help with breastfeeding and chapped cheeks and lips.
-found at all major drug stores-