

EMBODY YOUR



INSTAGRAM

FACEBOOK



6 Days of Guided Self Reflection

Free email, video, and workbook designed to help you explore your essence and reveal your potential.

First Name

Email

WELCOME TO MY TABLE!

If you're here, I want you to know that you hold the key that unlocks all the most wonderful things life has to offer.

MORE PEACE

No more struggling quietly with guilt, worry, or shame as you strive to choose between what you're told is right, and what you know in your heart is true.

TRUE FREEDOM

No more wrestling against the chains of "woulds," "shoulds," and other peoples' expectations of you.

REAL LOVE

No more living under guard and key. Let your heart on your sleeve become the signature of your effective, authentic leadership.

You deserve it all!

And I'm going to show you how to get it.

Leaning on over fifteen years of experience, I've drawn the map that will guide you from wherever you are on your essence journey, all the way to the end...

Or, should I say, the true beginning; the place where your true potential and the life you were born to live really begins.

I've made it easier than ever to peel back the layers and get to the core of who you really are, so you can plant, bloom, and flourish in your greatest potential simply, quickly, authentically.

All you have to do to get started is answer one important question...



There is no way I could exaggerate how much I wish I'd known to ask that question when I began my own essence journey.

I was on the verge of giving up.

On the outside, I had the perfect family. I was healthy and had a good job.

But I was empty inside.

I knew I wasn't living up to my potential. As perfect as it seemed, as much as I thought I had all the "things" I was supposed to have gotten by that point in life, I was not happy with my life.

Eventually, I realized I had given up on my dreams and settled for a "normal life." I had given up on my dreams for so long that I forgot what they were.

I didn't even know what I wanted or who I really was.

I kept trying to be perfect: the perfect mom, the perfect teacher, the perfect leader in my job.

But I just felt like I couldn't measure up. I was exhausted; always felt I was too much or too little of everything, worried constantly about what others were thinking of me and was filled with self-doubt.

I also wondered where was the fun and adventure in life?

The passion?

the new experiences.

The freedom?

My life was “normal.” And I was sick of it.

I invested tens of thousands of hours and hundreds of thousands of dollars seeking fulfillment and growth. But something was always missing.

So, I began to wonder if maybe this is just all there is.

Eventually, I realized that nothing was missing – it was hidden.

My essence was hidden deep beneath the layers of “woulds,” and “shoulds,” and compromises I’d made over a lifetime. I knew I had to dig deep through those layers to recover myself.

And that’s what I did.

**That’s when I realized that my life calling is to show
you how to live so fully in your essence that it
becomes your personal brand.**

Do you really need a personal brand?

The short answer is *yes, absolutely!*

As a matter of fact, you already have a personal brand. Everyone does.

Your brand is what people notice about you before you ever say a word. It’s what people think of when they think about you. It’s how they describe you when you’re not in the room. It’s what they remember about you long after you’ve gone.

So, the question isn’t whether or not you need a personal brand. It’s about where you want that brand to come from.

Do you want to be filed away on a shelf as just another one of everyone else?

Or do you want to occupy a category all your own by embodying your essence so fully that it becomes your personal brand?

Because that, my friend, is where the magic happens.

When I say magic, I mean *YOU!*

“Magic” is really the best way to describe what happens when you live, love, and lead from your essence.

And I would know.

I'M CHRISTINA



Mother

Musician

Mentor

Just like you, I'm a woman of many talents wearing many hats.

For most of my life, I believed these parts of myself – motherhood, music, mentorship – had to be separate, even hidden from each other.

Just like you.

Now, after years of introspection and guiding others to their own true power, I know that each of the roles we play are part of a greater whole, and our power and true potential comes from bringing these pieces together with courage and intention.

In life, love, and leadership, it's time for you to embody your essence.

Because

YOU ARE UNIQUE

YOUR ARE NEEDED

YOU ARE WORTHY

And I know that when you fully embody your essence, you will have the power and confidence to lead from your heart – and that is exactly what the world needs right now.

It will never be easier to start embodying your essence than it is right now!

Here are two ways to get started...



Join Me for 6 Days of Guided Self Reflection

Free email, video, and workbook designed to help you explore your essence and reveal your potential at your own pace.

First Name *

First Name

Email *

Email

Yes, I want in on this free program!

JOIN ME LIVE!

TUESDAY,
FEBRUARY 15
5:00PM MST
(ZOOM)

Full Name *

Full Name

HOW TO LIVE YOUR ESSENCE

Are you trying too hard to stand out; hiding your essence to fit in? Whatever it is that's keeping you from **fully** embodying your essence, we'll discover, label, and take control of it together.

ASK QUESTIONS, GET GUIDANCE

The best way to make sure you're on the right track is to get feedback and answers right away. When you join me live on Tuesday, January 25th, you'll have the opportunity to get guidance from me directly.

Make the commitment now.

I know we're just getting to know each other, but that's no reason to leave here without taking advantage of everything this website has to offer.

Sign up today, and embody your essence so fully it becomes your personal brand.

First Name

First Name

Email *

Email

WHAT IS

- **ESSENCE**
/ˈesəns/

noun
the intrinsic nature of something that determines its character.

@EMBODY_YOUR_ESSENCE_BRAND

FOLLOW YOUR ESSENCE *Compass*

@EMBODY_YOUR_ESSENCE_BRAND

HOW DO YOU EMBODY YOUR ESSENCE DAILY?

@EMBODY_YOUR_ESSENCE_BRAND

“ YOU'RE NOT ATTRACTING THE RIGHT CLIENTS IN YOUR BUSINESS BECAUSE YOU'RE FOCUSED ON BEING A ROLE, INSTEAD OF BEING YOU! ”
Christine

@EMBODY_YOUR_ESSENCE_BRAND

If you want to be successful... IT IS IMPORTANT THAT YOUR VOICE STANDS OUT!

@EMBODY_YOUR_ESSENCE_BRAND

@EMBODY_YOUR_ESSENCE_BRAND

© Copyright Christina Courtright Jenkins 2022 | All Rights Reserved | Live Inspired, LLC