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The First Trimester



THE MATERNITY CENTER at SOUTH TEXAS HEALTH SYSTEM

Expecting a baby is an exciting time for you and your family. When the time comes to deliver your baby, The Maternity Center at South Texas Health System Edinburg, a part of our Women's Corner, is here to help you bring your newborn into a safe and happy environment.

Our private maternity suites offer a retreat for you and your baby. Your labor, delivery and recovery take place in the same large suite. private postpartum suite

14 min.

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The Second
Trimester

The Third
Trimester

After Delivery

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Info for

The Maternity Center at South Texas Health System Edinburg is on the same campus as **STHS Children's**, and our sister facility **STHS McAllen** – with the Valley's first **Level III Neonatal Intensive Care Unit (NICU)** – is located nearby as an extension of The Maternity Center. This should provide you comfort knowing that advanced, high-quality specialty care for your baby is available if needed.

Take a Virtual Tour of The Maternity Center

The Maternity Center at South Texas Health System Edinburg offers specialty maternity and neonatal care in a safe, comfortable environment.

Your browser can't play this video.
[Learn more](#)

Visitors

Location and

Map

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Hospital

☎ (956) 388-

6000



Features of The Maternity Center

- Six private labor and delivery suites
- Two surgical suites dedicated to Cesarean Section (C-Section) deliveries
- Advanced technology and equipment for high-risk pregnancies
- Experienced obstetrics team
- **Midwifery program**
- Anesthesia and pain management team
- 13 private postpartum suites
- Comfortable, safe, home-like environment
- Family-centered philosophy
- Rooming-in
- High Reliability Unit standards achieved through teamwork, empowerment of staff and

communication among your care providers

- Amenities including VIP dinners, special greeting baskets with assorted drinks and foods, fresh floral arrangements and more

Preregistration

If you have decided to have your baby at The Maternity Center, you can preregister by calling **956-388-2190**, texting **BABY** to **313131** or preregistering below.

[Preregister With The Maternity Center](#)

Childbirth Education

Whether it's your first child or an addition to your family, **STHS Edinburg** and **STHS McAllen** offer childbirth classes to help you prepare before the arrival.

[Register Now](#)

Midwifery Program

Midwives look at pregnancy and birth as a normal process, and collaborate with their patients to provide the best experience for both mother and baby.

[Learn More](#)

Schedule a Tour

Call us at **956-388-6560** or fill out the request form below to schedule a tour. Tours are offered seven days a week, at your convenience.

[Schedule a Tour](#)

VIP Amenities

We offer standard amenities at no cost and additional amenities are available for purchase.

[Learn More](#)

Maternity Guides

Learn what to expect during your first, second and third trimesters, and how to care for yourself and feed your baby after delivery.

[First Trimester →](#)

[Second Trimester →](#)

[Third Trimester →](#)

[After Delivery →](#)

[Caring for Yourself →](#)

[Feeding Your Baby →](#)

Have You Decided to Have Your Baby at The Maternity Center?

You can make arrangements from the comfort of your home by calling **956-388-2190**, texting BABY to **313131** or [preregistering online](#).

Related Pages

- [Feeding Your Baby](#)
- [Caring for Yourself After Birth](#)
- [After Delivery](#)
- [The Third Trimester](#)
- [The Second Trimester](#)

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South Texas Health System Edinburg

1102 West Trenton Road, Edinburg, TX 78539

956-388-6000

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