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Beauty & Personal Care > Skin Care > Body > Moisturizers > Lotions

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# BetterYou Natural Magnesium Lotion for Skin Health, 6.09 Fl Ounce

Visit the BETTERYOU Just As Nature Intended Store  
★★★★☆ 180 ratings | 4 answered questions

Price: \$20.25 (\$3.38 / Fl Oz)

Get \$60 off instantly: Pay \$0.00 upon approval for the Amazon Store Card.

Item Form Lotion  
Brand BETTERYOU Just As Nature Intended



Roll over image to zoom in

...tive, Normal

...r Skin: Features magnesium coconut oil, and vitamin E to mineral-rich lotion relieves elasticity, relaxes muscles, and ...owing skin  
...on: Designed for overall magnesium chloride lotion is king in moisture and hydrating ...s) of magnesium lotion delivers ... of magnesium  
...ide Lotion: Naturally purified s, the magnesium skin lotion is and heavy metals; natural ces agility and increases

- Directions: Apply magnesium lotion on the body and massage well onto clean skin for maximum absorption, ideally after exercise and shower; apply on muscles and concerned areas and avoid massaging near the eyes
- Suitable For: Vegans, vegetarians and people of all ages; can be used during pregnancy and breastfeeding, and on sensitive skins

Compare with similar items

New (2) from \$16.45 FREE Shipping on orders over \$25.00 shipped by Amazon.

**One-time purchase:**  
\$20.25 (\$3.38 / Fl Oz)

FREE delivery: Dec 29 - Jan 14

Fastest delivery: Dec 15 - 20

Arrives before Christmas

Deliver to New York 10004

In Stock.

Qty: 1

Add to Cart

Buy Now

Secure transaction

Ships from Christopher-Parker  
Sold by Christopher-Parker

Return policy: Eligible for Refund or Replacement

Subscribe & Save:  
10% 15%  
\$14.81 (\$2.47 / Fl Oz)  
First delivery on Dec 29  
Ships from: Amazon  
Sold by: BetterYou - USA

Add to List

New (2) from \$16.45 FREE Shipping on orders over \$25.00 shipped by Amazon.

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## Frequently bought together



Total price: \$53.15

Add all three to Cart

These items are shipped from and sold by different sellers. Show details

- ✓ **This item:** BetterYou Natural Magnesium Lotion for Skin Health, 6.09 Fl Ounce \$20.25 (\$3.38/Fl Oz)
- ✓ BetterYou Natural Magnesium Lotion for Sleep, 6.09 Fl Ounce \$16.45 (\$2.69/Fl Oz)

BetterYou Pure and Clean Magnesium Spray with Magnesium Chloride, 31% Concentration, 3.4 Fl Ounce (600 Sprays) \$16.45 (\$4.84/Fl Oz)

Products related to this item

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BetterYou Pure and Clean Magnesium Spray with Magnesium Chloride, 31%...  
★★★★☆ 150  
\$16.45 ✓prime

BetterYou Natural Magnesium Body Butter, 6.76 Ounce, 15% Concentration Sensitive, Dry Skin Type  
★★★★☆ 24  
\$16.45 ✓prime

Magnesium Lotion for Restless Legs Syndrome Relief – Natural Lotion with Aloe Vera,... Sensitive, Dry Skin Type  
★★★★☆ 19  
\$14.95 ✓prime

BetterYou Clean and Pure Transdermal Magnesium Body Massage Gel, 5.07 Fl...  
★★★★☆ 67  
\$16.45 ✓prime

Ancient Miner Magnesium Lotion Goodni ream...  
Fragrance-Free Skin Type  
★★★★☆ 8  
\$28.97 ✓prim

Recommended from our brands

Amazon Brand - Solimo Daily Moisturizing Oatmeal Lotion, Fragrance Free, 18 Fluid Ounces  
★★★★☆ 1,892  
\$7.03 (\$0.39/Fl Oz)

Amazon Brand - Solimo Extra-Dry Skin Lotion with Vitamins B5 & E, 16 fl oz  
★★★★☆ 4,008  
\$5.07 (\$0.32/Fl Oz)

Amazon Brand - Solimo Oil-free Facial Moisturizer for Sensitive Skin, 4 Fluid Ounce, 1 pack  
★★★★☆ 3,381  
\$5.92 (\$1.48/Fl Oz)

so lvly Skin Care Eye Cream Moisturizer and Soothing Effect & VitaminE, Cucumber, 0.67 Fl Oz  
★★★★☆ 462  
Amazon's Choice in Eye Treatment Creams  
\$5.50 (\$8.21/Fl Oz)

Belei by Amaz Complex Mois Dry Skin, Frag Paraben Free, Ounce (60 mL)  
★★★★☆ 4  
\$19.00 (\$9.50)

Special offers and product promotions

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Have a question?

Find answers in product info, Q&As, reviews

Product Description



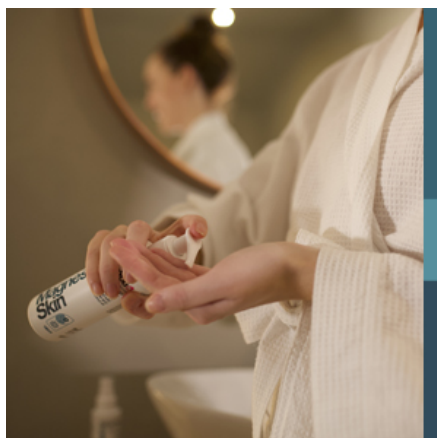


BetterYou Magnesium Lotion is the perfect balance of skin kind ingredients that moisturizes and hydrates the skin, leaving it smooth and supple. It contains the perfect blend of shea butter, coconut oil, and vitamin E to nourish the skin. It is ideal for replenishing the body with the magnesium it needs.



### Moisturize and Hydrate Skin with Transdermal Magnesium

When magnesium is directly applied to the skin, bypasses the digestive tract, and ensures that it is quickly absorbed by the body. When used daily, this light formulation will moisturize and hydrate skin to promote healthy glowing skin. It helps repair and replenish the skin while improving elasticity and overall skin health.



### Directions for Use

For best results, apply after showering or bathing and make it a part of your daily routine. It can be used all over the body while focusing on the neck, shoulders, and legs. Gently massage 4 pumps of lotion into the clean, dry skin. For external use only, avoid contact with the eyes, and do not use on damaged or broken skin.



**Naturally Aids Restful Sleep**

It has no contraindications to medications and is free from parabens, allergens, preservatives, synthetic colors, and flavors.

**Naturally Relaxes Muscles and Supports Bone Health**

Magnesium is nature's finest relaxant and has a calming effect on the entire body. It also supports bone health by helping the body absorb calcium.

**Pure Source**

Made from naturally sourced Zechstein magnesium chloride sourced from an ancient seabed and perfectly protected from man-made pollutants and heavy metals.

**Never Tested on Animals**

All BetterYou products are made with Ocean Waste plastic across the entire product range. Products are never tested on animals.



**Magnesium Body Lotion**



**Magnesium Flakes**



**Magnesium Oil Body Spray**



**Magnesium Sleep Lotion**



**Magnesium Sleep Lotion Junior**

Size	6 fl oz	35 oz	3.4 fl oz / 600 sprays	6 fl oz	4.5 fl oz
Age Suitable For	all ages	all ages	all ages	13+ years	1+ years
Vegan	✓	✓	✓		
Vegetarian	✓	✓	✓	✓	✓
Best For	hydrated and glowing skin	pure relaxation and remineralization	supports and relaxes muscles	sleep and relaxation	sleep and relaxation

**Product details**

**Package Dimensions :** 7.16 x 1.92 x 1.85 inches; 8.01 Ounces

**UPC :** 758391312010

**Manufacturer :** BetterYou

**ASIN :** B01LYNSRGK

**Best Sellers Rank:** #132,995 in Beauty & Personal Care (See Top 100 in Beauty & Personal Care)


#2,489 in Body Lotions

**Customer Reviews:**

★★★★★ 180 ratings

**Videos**

Videos for related products



**0:15**

Epsom-It Natural Muscle Recovery Lotion with Arnica


EPSOM-IT



**0:24**

Pure Magnesium + Lavender Essential Oils

NFUSE LLC



**0:45**

Features & benefits of Ancient Minerals Magnesium Lotion

Enviromedica



**From**

Pure Magnesium Essential Oil

NFUSE LLC

Upload your video

Important information

Indications

A powerful mineral, magnesium is responsible for 325 chemical reactions inside the body and helps support calcium absorption, maintenance of normal bones and teeth, normal psychological function, and healthy functioning of the nervous system. Magnesium also helps improve rest and recovery by contributing to a reduction in tiredness and fatigue, electrolyte balance and supports normal energy-yielding metabolism.





Ingredients

Aqua (water), magnesium chloride, glyceryl stearate citrate, caprylic/capric triglyceride, glycerin, glyceryl stearate SE, C9-12 alkane, butyrospermum parkii (shea) butter, beheneth-25, benzyl alcohol, sodium benzoate, coco-caprylate/caprate, xanthan gum, sodium hydroxide, dehydroacetic acid, tocopherol.

Directions

Apply 5ml (4 pumps) around the body and massage well into the skin to stimulate absorption. After a shower or bath is a great time to apply as the skin is warm and the pores are open which aids absorption. Apply anywhere on the body avoiding delicate areas. Concentrate on joints, muscles and areas of concern. Reapply whenever needed.

Compare with similar items

			
<b>This item</b> BetterYou Natural Magnesium Lotion for Skin Health, 6.09 Fl Ounce	Life-flo Magnesium Lotion w/Concentrated Magnesium Chloride   Calms & Rejuvenates Muscles & Mind   Vanilla Scent (8 oz)	Ancient Minerals Magnesium Lotion high concentration genuine zechstein topical magnesium chloride (5oz)	Earthley Wellness, Good Night Lotion, Magnesium Lotion, Apricot Oil, Shea Butter, Mango Butter, Candelilla Wax, Lavender Essential Oil, Vegan (Regular, 8oz)
<a href="#">Add to Cart</a>	<a href="#">Add to Cart</a>	<a href="#">Add to Cart</a>	<a href="#">Add to Cart</a>
<b>Customer Rating</b> ★★★★★ (180)	★★★★★ (3176)	★★★★★ (2596)	★★★★★ (665)
<b>Price</b> \$20 <sup>25</sup>	\$11 <sup>49</sup>	\$19 <sup>95</sup>	\$21 <sup>99</sup>
<b>Sold By</b> Christopher-Parker	Healthway Shop	Enviromedica	Mixt Supply
<b>Brand Name</b> BETTERYOU Just As Nature Intended	LIFE-FLO	Ancient Minerals	Earthley Wellness
<b>Item Form</b> Lotion	Lotion	Lotion	Lotion
<b>Size</b> 6 Fl Oz (Pack of 1)	8 Fl Oz	5 Fl Oz (Pack of 1)	8 Fl Oz (Pack of 1)

Products related to this item

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BetterYou Pure and Clean Magnesium Spray with Magnesium Chloride, 31%...   
★★★★☆ 150   
\$16.45 ✓prime



BetterYou Clean and Pure Transdermal Magnesium Body Massage Gel, 5.07 Fl...   
★★★★☆ 67   
\$16.45 ✓prime



Ancient Minerals Magnesium Lotion Goodnight night c ream...   
★★★★☆ 847   
\$28.97 ✓prime



Amp Human PR lotion, Performance & Recovery Bicarb Sports Lotion, Bottle (300g)   
★★★★☆ 843   
\$35.00 ✓prime



Magnesium Lc Restless Legs ! Relief – Natur: with Aloe Vera   
★★★★☆ 1   
\$14.95 ✓prii

10,481

Sponsored ⓘ

### Customer questions & answers

🔍 Have a question? Search for answers

▲ 0 votes ▼

**Question:** I would like to try this, but says parfum in the ingredients, so does it have a cologne floral smell and is scent light?

**Answer:** no scent at all.   
By SunnyShopper on May 14, 2021   
▼ See more answers (1)

▲ 0 votes ▼

**Question:** were is the ingredient list?

**Answer:** Hi, Eric! The ingredients of the BetterYou Magnesium Body Lotion are listed at the back sticker of the bottle.   
By BetterYou - USA SELLER on August 21, 2020   
▼ See more answers (1)

▲ 0 votes ▼

**Question:** I just recieved mine and its totally melted its like liquid water will it still be effective ?

**Answer:** I'm not 100% sure but when I haven't used in awhile it seems more liquid, more so than another product I used. I still use it - I think I will try shaking it first. Now I'm curious but I think the ingredients are still in there so it should help. Do you use it for cramping? I do and it does help.   
By ROA on June 22, 2021

▲ 0 votes ▼

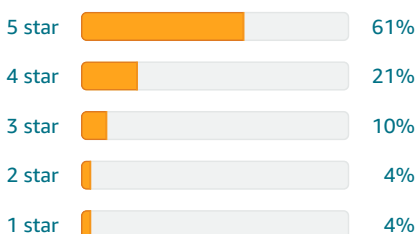
**Question:** Is this oily ?

**Answer:** I don't think it is oily. It is a thin cream. You have to shake it before use. It might be oily if you don't shake it first. I hope this helps!   
By Mrs.T on June 29, 2021   
▼ See more answers (1)

### Customer reviews

★★★★☆ 4.3 out of 5

180 global ratings



▼ How are ratings calculated?

#### By feature

Moisturizing ★★★★☆ 4.6  
Longevity ★★★★☆ 4.4

### Read reviews that mention

- restless legs
- magnesium lotion
- ingredients
- absorbs
- scent
- smells
- muscles
- results

Top reviews ▼

### Top reviews from the United States



Alicia Browman

★★★★☆ **Contains ingredients not listed in ad**

Reviewed in the United States on July 7, 2020

**Verified Purchase**

This lotion claims to be fragrance free in the Amazon ad but the ingredients clearly state there is added fragrance. Also contains PEG-100 which is toxic. Won't purchase this again.

24 people found this helpful

Value for money

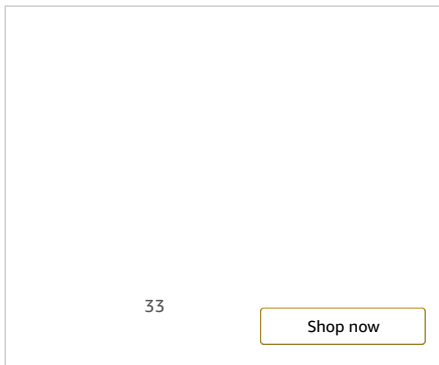
★★★★☆ 4.1

See more

### Review this product

Share your thoughts with other customers

Write a customer review



Sponsored

Helpful

Report abuse

Carrie Stebbins

★★★★☆ Horrible smell

Reviewed in the United States on August 30, 2020

Verified Purchase

Works for muscle aches and is moisturizing however the smell is awful. My son says it smells like a porta-potty air freshener and he is correct. I won't purchase again.

10 people found this helpful

Helpful

Report abuse

Lesley Olerud

★★★★★ It works for neuropathy!

Reviewed in the United States on August 6, 2020

Verified Purchase

I am using this product for foot and hand neuropathy. I am in my 70's. I rub the lotion on my feet and hands morning and evening. It definitely soothes the burning, tingling and stabbing pains. Neuropathy is not curable, but this lotion truly helps. Most prescribed medications pack a wallop for me on side effects to where I cannot walk, talk or drive my car. The beauty of this lotion is that I can apply as much of it as I need and get great results. Magnesium is well known for its relaxation properties and I thought it would help neuropathy. Yes it does!

5 people found this helpful

Helpful

Report abuse

Old Vermonter

★★★★★ Great for restless legs

Reviewed in the United States on November 12, 2021

Verified Purchase

I have serous restless legs that were keeping me up at night. Some folks suggested magnesium. Most sprays or creams burned my skin because they tend to ne chlorine based so I tried this one. No burning at all. No perfumed scent either. And since I've applied a full pump to each leg every night, the restless legs are gone. I feel like I have my life back.

One person found this helpful

Helpful

Report abuse

M. Lehman

★★★☆☆ Not good quality

Reviewed in the United States on March 31, 2021

Verified Purchase

This lotion leaves an unpleasant film feel on your hands. Also doesn't seem to be very concentrated. No noticeable results like previous magnesium lotion we've used.

One person found this helpful

Helpful

Report abuse

Amazon Customer

★★★★★ Good lotion

Reviewed in the United States on June 20, 2021

Verified Purchase

Good lotion. Relieves pregnancy tension in muscles.

One person found this helpful

Helpful

Report abuse

Ellenci

★★★☆☆ Smells Awful!

Reviewed in the United States on July 29, 2021

Verified Purchase

This was described as being fragrance free. The ingredients include Perfume. The fragrance is strong and smells awful. It also includes PEG and other undesirable ingredients. I cannot recommend this.

Helpful

Report abuse

Karen

★★★★☆ Read the ingredients carefully

Reviewed in the United States on August 18, 2021

Verified Purchase

My fault for not reading the ingredients carefully. I don't like all of the chemicals in the lotion and it doesn't rub in that great. I usually buy magnesium chloride spray but I thought this would be gentle my daughter.

Helpful

Report abuse

[See all reviews >](#)

4 stars and above

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★★★★☆ 150  
\$16.45 ✓prime
- BetterYou Clean and Pure Transdermal Magnesium Body Massage Gel, 5.07 Fl...**  
★★★★☆ 67  
\$16.45 ✓prime
- Ancient Minerals Magnesium Lotion high concentration genuine zechstein topical magn...**  
★★★★☆ 2,596  
\$19.95
- Ancient Minerals Magnesium Lotion Goodnight night c ream...**  
★★★★☆ 847  
\$28.97 ✓prime
- Ancient Miner Magnesium Lc with MSM Pur Zechstein Mag**  
★★★★☆ 2  
\$21.95 ✓prir

33

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- Jigsaw Health MagRelief Magnesium Lotion, 5 Ounces**  
★★★★☆ 31  
\$21.97 ✓prime
- 100% Organic Comfrey Medicinal Herbal Oil, Raw, Non-GMO – Wound Healing, Skin-Cell Regeneration, Moisturi...**  
★★★★☆ 686  
\$13.90 ✓prime
- ReMag Pico-Ionic Liquid Magnesium by RnA ReSet. Formulated by Dr. Carolyn Dean for Complete Absorption...**  
★★★★☆ 975  
\$54.98 ✓prime
- Allergy Research Group Natural-Immunogenic Argentyn**  
★★★★☆ 505  
\$55.99 ✓prime
- Magnesium Chloride (Cloruro De Magnesio) - 180 Capsules, 1,000mg Per Serving, for Sleep, Constipation, Digestio...**  
★★★★☆ 2,128  
\$19.95 ✓prime

### Inspired by your browsing history

- BetterYou Natural Magnesium Sleep for Sleep, 6.09 Fl Ounce**  
★★★★☆ 614  
\$16.45 (\$2.69/Fl Oz)
- BetterYou Natural Magnesium Sleep Lotion for Kids, 4.5 Fl Ounce**  
★★★★☆ 368  
\$16.45 (\$3.66/Fl Oz)
- BetterYou Vitamin K2 and Vitamin D Spray Liquid Immune Support Supplement, 1000 IU Strength per Single...**  
★★★★☆ 174  
Amazon's Choice in Multivitamins  
\$16.45 (\$16.45/Count)
- BetterYou Vitamin B12 Spray Liquid Immune Support Supplement, 300µg Strength per Single Spray, 0.85 Fl...**  
★★★★☆ 3,029  
Amazon's Choice in Vitamin B12 Supplements  
\$16.45 (\$19.58/Fl Oz)
- BetterYou Magnesium Oil Spray with Glucosamine for Joints, 3.38 Fl Ounce**  
★★★★☆ 624  
\$16.45 (\$16.45/Count)

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English

United States

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