

1 of 5



Habit Tracker: Habit Diary, Habit Tracker App

Leap Fitness Group Lifestyle

★★★★★ 9,287 **≗**

E Everyone

Contains Ads · Offers in-app purchases

1 This app is available for all of your devices

Add to Wishlist

Install









Habit Tracker is a simple and user-friendly habit logger, daily routine planner, goal tracker, journal tracker and self-improvement app that helps plan your daily habits, track goals, manage to-do lists and develop your intellect & productivity. Join our science-based habit-building journeys to embrace a fabulous life changing routine.

Habit Tracker is your personal 1vs1 coach for creating a healthy & productive lifestyle. Our ultimate goal is to help you keep your motivation high, get things done and finally reinvent a brand new lifestyle in JUST 30 DAYS!

5 things you can do with TICK IT

★ CUSTOMIZE DAILY HABITS

Habits and daily goals can be fully customized using the clear and neat interface! A preset library of the most essential and popular habits will help you find the start point of your journey.

★ 30-DAY CHALLENGE

Based on the scientifically proven 3-stage habit-building method, 10+ rigorously designed journeys will make it happen and conquer all impossibilities in 30 days.

★ STAY FOCUSED & TIME MANAGEMENT

Stay focused and boost your productivity with the built-in timer and white noises. Also, smart reminders will help properly schedule your habits for the entire day.

★ STATISTICS

Detailed, intuitive and useful statistics help you track and analyze your progress. Get yourself motivated by keeping your streak going and collecting all achievement medals.

★ MULTITYPE TO-DO LIST

Dacidae regular hebite you een alee plan e monthly er appual lang term hebit er monege your ene

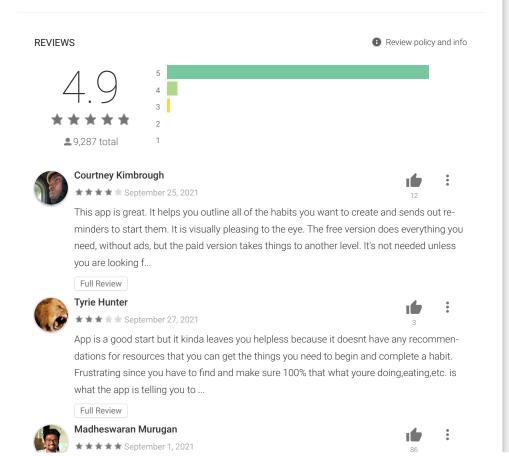
2 of 5 9/30/2021, 1:33 PM

Besides regular habits, you can also plan a monthly or annual long-term habit or manage your one-time to-do list.

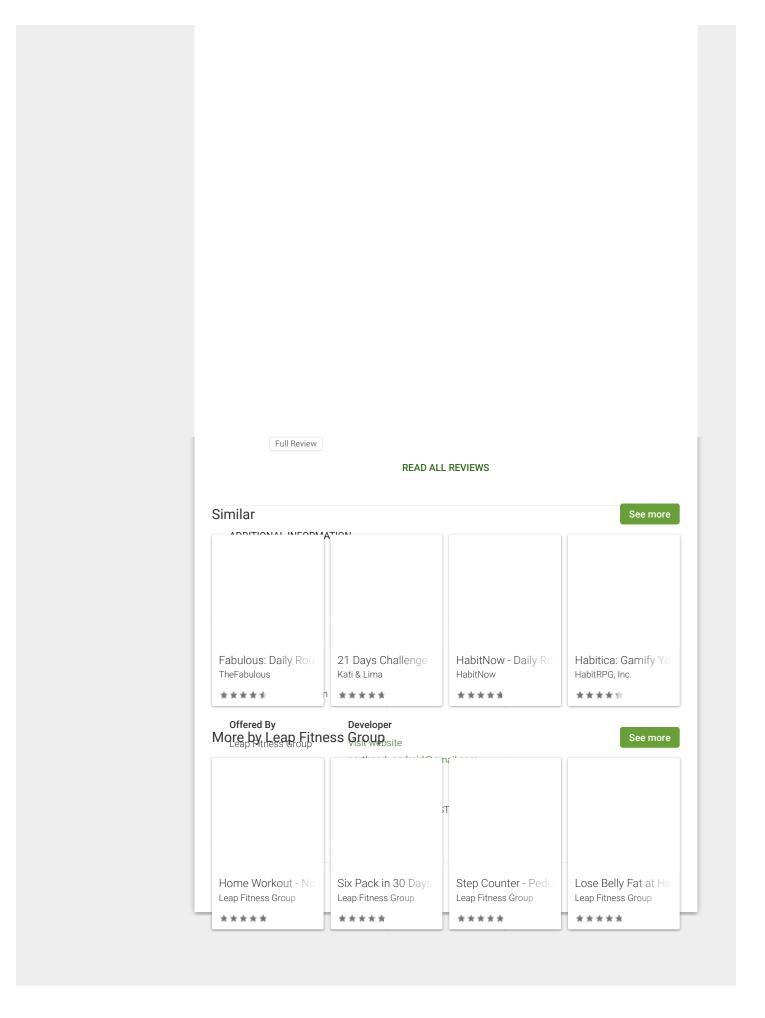
7 Top Reasons that you should download TICK IT

- ★ Want to say goodbye to the office disease caused by sedentary state and activate your body?
- $\bigstar \ \mathsf{Fighting} \ \mathsf{with} \ \mathsf{sleep} \ \mathsf{disorders} \ \mathsf{and} \ \mathsf{want} \ \mathsf{to} \ \mathsf{rebuild} \ \mathsf{a} \ \mathsf{regular} \ \mathsf{internal} \ \mathsf{clock} \ \mathsf{and} \ \mathsf{improve} \ \mathsf{sleep} \ \mathsf{quality}?$
- ★ Feel listless in the morning and need a quick and efficient routine to boost your energy and self-confidence for the rest of the day?
- ★ Have an irregular diet and want to start a healthy lifestyle through a healthier diet, fasting or easy-to-follow exercises?
- ★ Feel difficult in disciplining your attention and want to be more focused and organized?
- \bigstar Lack of self-confidence and need more courage to overcome social fear?
- ★ Need to keep yourself relaxed and relieve inner and outer stresses in tough moments?

Habit Tracker will be your personal coach and companion on your journey of all self-improvements including but not limited to: habit formation, fitness lifestyle, productivity and concentration development. We will be happy to witness the great change in your life.



3 of 5 9/30/2021, 1:33 PM



4 of 5 9/30/2021, 1:33 PM

©2021 Google Site Terms of Service Privacy Developers About Google | Location: United States Language: English By purchasing this item, you are transacting with Google Payments and agreeing to the Google Payments Terms of Service and Privacy Notice.

5 of 5