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GET INVOLVED

GIVE SUPPORT

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LIVE EVENTS

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## MOTHER'S DAY WEEK AT-A-GLANCE

### MOTHER'S DAY WEEK AT-A-GLANCE

Get involved with It Starts With Mom and follow along @marchofdimes and #itstartswithmom for a week-long celebration of moms.



#### MAY 3

##### MOM HACKS

Share your best "mom hacks" for a chance to win a Macy's Styling Session and Gift Card.

[Official Rules](#) ➔

#### MAY 4

##### EXPECTING MOMS

Find out answers to some of the most pressing pregnancy questions during our Instagram Takeover from our friends at EMD Serono.

#### MAY 5

##### MOMS TAKE ACTION

Use your voice to [support our Advocacy Action Center](#) and form a [March for Babies team](#) to support moms and babies.

[Join March for Babies](#) ➔

[Learn more at Momnibus](#) ➔

#### MAY 6

##### MOMS GET REAL

Find out what to expect post-partum, the fourth trimester, to help new moms in the moment.

#### MAY 7

##### IT STARTS WITH MOM LIVE

Join us around the (virtual) brunch table for a lively panel discussions with influencers and health experts hosted by Shawn Johnson East.

[LEARN MORE](#)

#### MAY 8

##### RESILIENT MOMS

Tag members of your "Mom Squad" and challenge them to tag theirs to be a part of the It Starts With Mom community.

#### MAY 9

##### MOTHER'S DAY

Make a gift to March of Dimes to honor and celebrate the resiliency of moms that you love.

[DONATE NOW](#)