

## The Cobbler

I watched a video today about the process of re-soling Doc Martens by a cobbler. Just reading that sentence, it doesn't sound like something that would be interesting but it was. It was actually fascinating and I watched the entire video with the step-by-step process. There were so many layers to the process with each being important and necessary to the whole. It is easy to look at something as one dimensional when we don't take the time to break down the parts that make up the whole.

No different with people really. So much more important to recognize this with people though. I have often found myself wondering "how can this person ascribe to this point of view when they purport to be this type of person?". The answer, as far as I can gather, is that people are quite complex in their beliefs when you peel back the layers of who they are. So many experiences, people, feelings and physical constitution make up who a person is. People are not one-dimensional so why do so many of us label others as such?

I will try to remember the cobbler when I get frustrated with others and their beliefs – whether they be political or otherwise. The cobbler understands that there are many processes and steps that make up the whole of a thing with each being vital to the presentation of what you see as the final version.

