

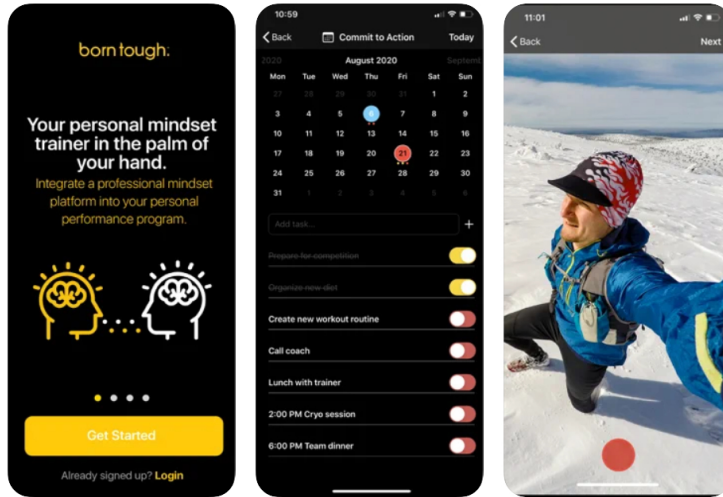
### App Store Preview

Open the Mac App Store to buy and download apps.



**Born Tough** 4+  
On-demand mindset training  
[Born Tough Trainer, LLC](#)  
Designed for iPhone  
★★★★★ 5.0 • 3 Ratings  
Free - Offers In-App Purchases

### iPhone Screenshots



Born Tough Trainer™ is the only platform available that truly leverages technology to put a human personal Mindset Trainer in the palm of your hand. As you engage with the tools created by sport psychology professionals available to you in the app, your trainer will be guiding and monitoring your usage in real-time and will provide personal feedback, motivation, and accountability. There are no predetermined formulas or programmed responses. This is the only platform that allows you to build mental toughness on your own schedule, while still benefiting from the personal support and coaching of your personal trainer.

### What's New

Interview Self video recordings are now limited to a max of 3 minutes per video.

[Version History](#)

Version 1.08

### Ratings and Reviews

5.0 out of 5



### App Privacy

[See Details](#)

The developer, [Born Tough Trainer, LLC](#), indicated that the app's privacy practices may include handling of data as described below. For more information, see the [developer's privacy policy](#).

**Data Not Collected**  
The developer does not collect any data from this app.

Privacy practices may vary, for example, based on the features you use or your age. [Learn More](#)

### Information

Seller  
Born Tough Trainer, LLC

Size  
18.4 MB

Category  
[Productivity](#)

Compatibility  
**iPhone**  
Requires iOS 13.5 or later.

Languages  
English

Age Rating  
4+

iPod touch

Requires iOS 13.5 or later.

**Mac**

Requires macOS 11 or later and a Mac with Apple M1 chip.

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Price  
Free

In-App Purchases

- 1. Bronze \$19.99
- 2. Silver \$49.99
- 3. Gold \$74.99

[Developer Website](#) ↗ [App Support](#) ↗ [License Agreement](#) [Privacy Policy](#) ↗

**Supports**

 Family Sharing  
With Family Sharing set up, up to six family members can use this app.

**You May Also Like**

[See All](#)



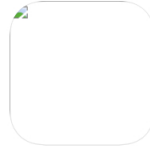
Perspective - Event C...  
Productivity



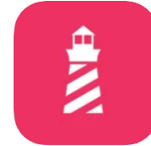
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