

Sports & Outdoors > Sports & Fitness > Exercise & Fitness > Accessories > Jump Ropes

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ZENY Battle Rope 1.5" Diameter Poly Dacron 30ft Length Workout Exercise Training Rope Core Strength Muscles Building Conditioning Rope Home Gym Equipment

Brand: ZENY
 ★★★★★ 1,153 ratings | 27 answered questions

Price: **\$39.89** & **FREE Shipping**

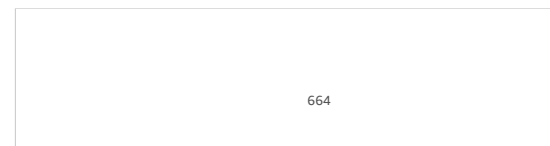
Get \$50 off instantly: Pay \$0.00 ~~\$39.89~~ upon approval for the Amazon Rewards Visa Card. No annual fee.

Material	Polyester
Color	Black
Brand	ZENY
Item Weight	15 Pounds

About this item

- **【High Quality】** This heavy duty battle rope is made of high-strength grade industrial polyester,durable, wear-resistant. 3-strand-thick design,machine knitting ,prevents breaking, fraying, or coming lose
- **【Battle Rope with Protective Sleeve】** This weighted battle rope fetures 600D oxford waterproof protect sleeve,wear resistance, prolong service life.When using, please move the protective sleeve to the folding part of the rope to protect the rope from wear and loosening
- **【Heat Shrink Grips】** Thickened and lengthened handle cover on the ends, protect your hands, make the rope not easy to slide from your hands, keep fit safely, and strengthen the hand moderately
- **【Versatile Rope】** Full body exercise physical training rope Great for physical exercise training rope, battle rope, fitness rope, throwing rope, climbing strength rope, tug of war rope.Improve the coordination of the body, improve muscle strength,exercise cardiopulmonary capacity, increase balance
- **【Specification】** Color:Black,Size:1.5"x 30 ft long, weighted 3-Strand twisted exercise training rope is suitable for all categories of people, from beginners to professional trainers.An awesome rope for dynamic training to boost the body's energy

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\$39.89
 & **FREE Shipping**

Arrives: **Feb 10 - 16**

In Stock.

Qty: 1

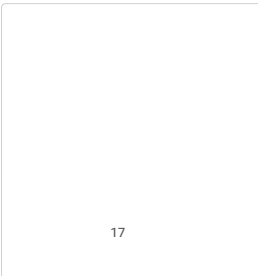
Secure transaction

Ships from **ZENY Direct**
 Sold by **ZENY Direct**

Deliver to Wilmington 19801

Share

Have one to sell?



17

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Frequently bought together



Total price: **\$67.83**

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i These items are shipped from and sold by different sellers. [Show details](#)

- This item:** ZENY Battle Rope 1.5" Diameter Poly Dacron 30ft Length Workout Exercise Training Rope Core Strength... **\$39.89**
- Eclipse Fitness Battle Rope Anchor Strap Kit | Heavy Duty Reinforced Nylon | Easy and Fast Setup... **\$14.99**
- QuickFit Battle Rope Workout Poster - Laminated - Battlerope Exercise Chart - 18" x 27" **\$12.95**

Subtotal
\$54.99



Products related to this item

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BRAVE HEART 1.5 inch Battle Rope, Workout Ropes with Anchor Strap Kit, 30/40/50 ft ...
\$59.99 ✓prime

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★★★★☆ 94
\$39.99

Denvosi Cordless Jump Rope Weighted Workout, Ropeless Skipping Rope for Fitness, Ba...
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\$14.99 ✓prime

USSerenaY 1.5" Battle Rope 30 ft Heavy Battle Exercise Training Rope Poly Dacron Ex...
★★★★☆ 19
\$43.99

Joeyfrad Battle Rope Anchor Strap Kit - 1.5 Inch Heavy Weighted Rope 30ft Length 10...
\$79.00 ✓prime

Weighted Jump Rope Set - 3 Workout Modes Fast Switchable, Adjustable Heavy Rope 1/2...
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Blascool Workout Jump-Rope Skipping-Rope for Exercise - Self-Locking Speed Rope for...
★★★★☆ 166
\$16.99 ✓prime

4 stars and above

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Bonnlo Exercise Rope 1.5/ 2" Width Poly Dacron 30/40/50ft Length, Battle Rope...
★★★★☆ 436
\$39.95

KINGSO Battle Rope 1.5 Inch Heavy Battle Exercise Training Rope 30ft Length Workout...
★★★★☆ 2,281
\$53.99

Blascool Workout Jump-Rope Skipping-Rope for Exercise - Self-Locking Speed Rope for...
★★★★☆ 166
\$16.99 ✓prime

Poly Dacron Battle Rope - Workout Rope - Exercise Ropes - Training Ropes - Battle R...
★★★★☆ 449
\$97.95 ✓prime

Gaoykai Weighted Jump Rope for Women, Men, Heavy Jump Rope with...
★★★★☆ 852
\$18.99 ✓prime

Gaoykai Weighted Jump Rope for Women, Men, Heavy Jump Rope with...
★★★★☆ 107
\$18.99 ✓prime

Weighted Jump Rope - Heavy Jump Ropes with Adjustable Extra Thick Cable, Aluminum S...
★★★★☆ 330
\$19.97 ✓prime

Have a question?

Find answers in product info, Q&As, reviews

Product Description

ZENY Heavy Duty Battle Rope Exercise Rope for Muscle Building



Subtotal
\$54.99



ZENY Heavy Battle Ropes Workout Stength Training Gym Equipment

Weighted Ropes for Exercise Fitness Power Training Crossfit

ZENY battle exercise training rope is made of 100% Poly Dacron,High quality matetial make ZENY training ropes strong,heavy duty and wear resistant,extending the service life.3-Strand twisted polyDac strong construction,600D oxford waterproof sleeve protect the rope from friction and fray. It is great for muscle training, strength training. Burn a significant amount of calories and can be effective for increasing strength and promoting weight loss.

- Heat Shrink Grips on the ends for improved grip and protect your hands
- Heavy and Apprised High Tensile Strength
- 3-Strand twisted polyester fiber material make ZENY weighted workout rope won't start fraying and coming apart even on concrete.
- Junior Level:1.5"/2" x 30ft
- Beginner Level:1.5"/2" x 40ft
- Intermediate Level: 1.5"/2" x 50ft

PORTABLE



Weighted Fitness Battle Rope
ZENY weighted jump rope can help you to exert more energy and build your muscle. It's a great tool to improve your strength and exercise or physical fitness training, fat burning. It is ideal for climbing,exercise strength training,or just cut as a jump rope.ZENY strength training rope is great to improve physical fitness, beautify lines, exercise balance, exercise cardiopulmonary capacity, increase balance.

- Size available:1.5"/2" x 30/40/50ft
- Material:Polyester Dacron
- Color:Black

Features



Made out of 100% Dacron, heavier tradition poly-dacron ropes

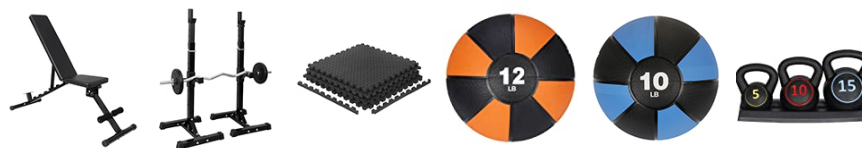


Protection Sleeve to prevent fraying



Rubber Coating Handles to prolong durability and promote grip

Subtotal \$54.99



Adjustable Weight Bench, Barbell Stand Rack, Protective Floor Mat, 12 lb Medicine Ball, 10 lb Medicine Ball, Kettlebell Set

Compare with similar items



This item ZENY Battle Rope 1.5" Diameter Poly Dacron 30ft Length Workout Exercise Training Rope Core Strength Muscles Building Conditioning Rope Home Gym Equipment

Add to Cart

Customer Rating ★★★★★ (1153)



Max4out Battle Ropes 1.5 inch 30 ft - Polyester Workout Rope Heavy for Home Body Workouts Building Muscle, Black

Add to Cart

★★★★★ (11)



DEGOL Skipping Rope with Ball Bearings Rapid Speed Jump Rope Cable and 6" Memory Foam Handles Ideal for Aerobic Exercise Like Speed Training, Extreme Jumping, Endurance Training and Fitness Gym

#1 Best Seller

Add to Cart

★★★★★ (30889)



PanAme Heavy Battle Ropes 1.5 inch 30 ft- Polyester Workout Rope Full Body Workout Equipment for Crossfit Training, Home Gym or Fitness Exercise, Building Muscle, Black

Add to Cart

★★★★★ (10)

Price	\$39 ⁸⁹	\$47 ⁹⁹	\$10 ⁸⁹	\$38 ⁹⁵
Sold By	ZENY Direct	Max4out	DEGOL	PanAme

Subtotal
\$54.99



Product details

Is Discontinued By Manufacturer : No
Product Dimensions : 10.83 x 10.83 x 13.39 inches; 15 Pounds
Date First Available : March 26, 2015
Manufacturer : ZENY
ASIN : B00V7P459E
Best Sellers Rank : #7,280 in Sports & Outdoors (See Top 100 in Sports & Outdoors)
 #64 in Jump Ropes
Customer Reviews:
 ★★★★★ 1,153 ratings

Videos

Page 1 of 2

Videos for this product

Videos

1.5" Zeny battle rope
Jenn

Best Battle Rope 2020 - Top 5
Revisione

Best Battle Ropes For Home Gym 2021
Best Reviewer

Great for workouts
claudia

Gxmmat Large Exercise Mat
Gxmmat

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\$39.99

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★★★★☆ 2,281
\$53.99

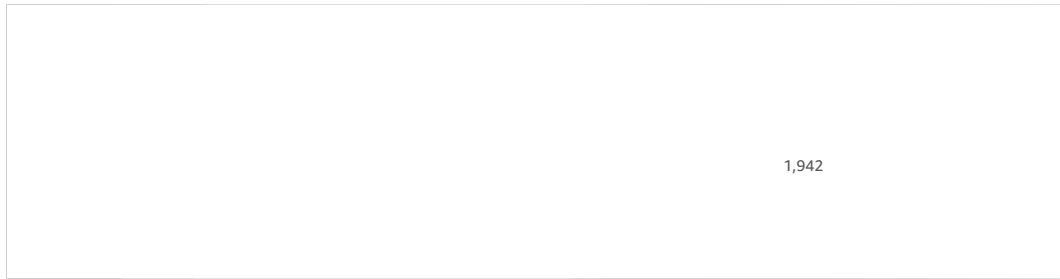
Bonnlo Exercise Rope 1.5"/ 2" Width Poly Dacron 30/40/50ft Length, Battle Rope...
★★★★☆ 436
\$39.95

Bonnlo Battle Exercise Training Rope with Protective Cover, 1.5"/ 2" Width Poly Dac...
★★★★☆ 286
\$55.95

USSerenaY 1.5" Battle Rope 30 ft Heavy Battle Exercise Training Rope Poly Dacron Ex...
★★★★☆ 19
\$43.99

BRAVE HEART 1.5 inch Battle Rope, Workout Ropes with Anchor Strap Kit, 30/40/50 ft ...
\$59.99 ✓prime

Trampoline for Kids with Enclosure Net, Doufit TR-05 55" Mini Children Jumping Tra...
★★★★☆ 30
\$89.99



1,942

Sponsored ⓘ

Subtotal
\$54.99



Customer questions & answers

🔍 Have a question? Search for answers

▲
1
vote
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Question: [How much does the 1.5 30 ft rope weigh?](#)

Answer: I want to say 20-25 pounds but I am not 100% sure, I have the 2 inch by 40ft and I believe it is 30 pounds
By Amazon Customer on July 8, 2017
[▼ See more answers \(1\)](#)

▲
0
votes
▼

Question: [I'm want to add these to my fitness arsenal, and need to know if i get 2 ropes? do i need to purchase an anchor kit as well? thank you in advance.](#)

Answer: This rope can be used for fitness exercise. Generally it's 1 rope buyer purchases, and it's 1 item in one package. Thanks!
By ZENY Direct **SELLER** on March 7, 2016
[▼ See more answers \(2\)](#)

▲
0
votes
▼

Question: [How do you determine what size to get?](#)

Answer: There are a few things to consider. 1. The amount of space you have, 2. What your fitness goals and level are, 3. How big are you. The longer and thicker the rope, the harder it is to use.
By Charlie Goldstein on January 24, 2018
[▼ See more answers \(1\)](#)

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Question: [can be used to pull a sled](#)

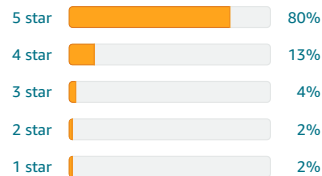
Answer: Not sure, bitndon't think that is the intent. We use these as excersice ropes and attach them to a weight for our routine
By bwwhyte on March 17, 2019
[▼ See more answers \(1\)](#)

[See more answered questions \(23\)](#)

Customer reviews

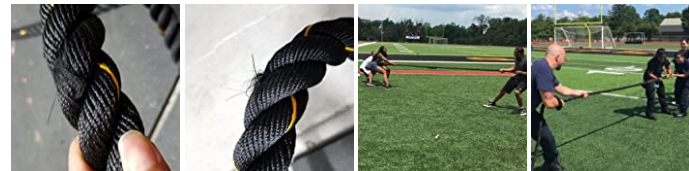
★★★★☆ 4.7 out of 5

1,153 global ratings



[▼ How are ratings calculated?](#)

Customer images



[See all customer images](#)

Read reviews that mention

By feature

- Value for money ★★★★★ 4.1
- Sturdiness ★★★★★ 4.0
- Durability ★★★★★ 3.8

- good quality
- poor quality
- battle rope
- home gym
- starting to fray
- love love love
- frayed before use
- longer rope
- quality battle
- great workout
- ropes already
- great quality
- quality battle rope

Top reviews

Top reviews from the United States



Don

★★★★★ Wish I Had Bought it Sooner

Reviewed in the United States on March 5, 2020

Verified Purchase

I had been on the fence about getting a battle rope. It always looked like a tough workout, but one that I would enjoy. It's definitely both of those things. I've only had it for less than a week, but I can already tell it's something I'm going to enjoy, even if right now I can barely use it to workout for more than a minute.

10 people found this helpful



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Justin Yale

★★★★☆ Satisfied but one thing... AND THEY SURPASSED MY EXPECTATIONS.

Reviewed in the United States on February 23, 2020

Verified Purchase

Awesome product and good touch to my home gym. I only give this product a four star (4.5 if I could) only because when I took the rope out of the packaging it seemed like a part of the rope got messed up or dethreaded in one small section of the rope. I contacted the customer support for return and they ended letting me keep the rope and refunded me anyways! THAT'S AMAZING!!! *Don't expect that to happen to you and just try to get a free rope... have integrity* BUT I do love this product overall and it's still very durable and I beat the hell out of this rope! Great product no lie!

8 people found this helpful



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Ryko

★★★☆☆ Looked great and arrived fast

Reviewed in the United States on April 27, 2017

Verified Purchase

Looked great and arrived fast. When we unraveled it out of the bag, we saw it already with frays and we just took it out of the bag. Kept debating on which to get, got this one in the 1.5 /30 ft and was really excited about the it's durability but not if it's already frayed before use.



22 people found this helpful



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Chyrl

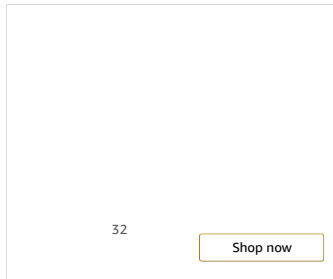
★★★★★ Good quality

Reviewed in the United States on February 8, 2019

Verified Purchase

I have had this rope for about 4 months now (using it an average of 3-4 times a week) and it is holding up great.

Subtotal \$54.99



32

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11 people found this helpful

Helpful | Report abuse

Alison

★★★★★ Great rope for tug of war or exercises!

Reviewed in the United States on November 4, 2019

Verified Purchase

Excellent product. We used this rope for an athletic event where competitors played tug of war as well as a timed weighted rope alternating arm wave. The rope was extremely durable and we received many compliments from the athletes who used it. Would absolutely purchase again.



6 people found this helpful

Helpful | Report abuse

SuperGamer32

★★★★☆ Not as sturdy as I had hoped....

Reviewed in the United States on October 30, 2020

Verified Purchase

They started fraying the first time I used them. I used them for about an hour and as you can see from the pictures they are fraying pretty bad. The fraying is right where the rope hits the ground. I was guessing it is probably because I am using them on carpet. If you are planning on using them on carpet you may have similar results. I sent an email to the company and they responded saying send them some pictures and they will tell me what to do. Those are the pictures I sent, and they never responded telling me what to do, so I decided what to do on my own. I took some black electrical tape and wrapped the fraying parts of each rope. I have continued to use them. I will just re-tape them if the tape comes loose. If I had it to do over I would probably spend a little more and get the ropes that have a protective coating on them. I would also probably go with the 2" inch instead of the 1 1/2" I think that may be a slightly more intense workout.



One person found this helpful

Helpful | Report abuse

dannie cel

★★★★★ Versatile, fun and challenging piece of exercise equipment

Reviewed in the United States on December 2, 2017

Verified Purchase

Provides a fun and challenging workouts. Being female I'm glad I went with this size and not a larger one which was actually something recommended by someone in the questions section. Versatile piece of exercise equipment that lets you add a little or a lot of challenge depending on how you want to vary your workout that day

9 people found this helpful

Helpful | Report abuse

Customer

★★★☆☆ Poor quality

Subtotal
\$54.99



Reviewed in the United States on March 8, 2018

Verified Purchase

Received it 3-7-18, noticed rope already had frays on it. Also several burning marks and I am able to see the white rope underneath the top black layer. Not sure if it just a defective rope but it does not look like the rope on the pictures

7 people found this helpful

Helpful | Report abuse


See all reviews >

Subtotal \$54.99




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KingDo
KINGSO 1.5in x 30ft Battle Rope with Anchor Kit
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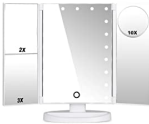
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★★★★☆ 465
\$94.99
- 


BESTOPE Makeup Mirror Lighted Makeup Mirror with Lights,Vanity Mirror with 2x/3x...
★★★★☆ 9,396
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TTAT Lighted Makeup Mirror, Led Mirror with Lights Touch Screen 3 Colors...
★★★★☆ 22
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- 

HiMirror Slide: Smart Makeup Mirror with Skin Detector, Smart Beauty Mirror with LED Lights,...
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BESTOPE Makeup Mirror with Lights 21 Led Light Up Mirror with 2X/3X Magnification Vanity...
★★★★☆ 7,322
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Lansi Lighted Makeup Mirror Wall Mount Makeup Mirror with 7X Magnification,8...
★★★★☆ 295
\$59.99
- 

Lansi Lighted Makeup Mirror Wall Mount Makeup Mirror with 10X Magnification,8...
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\$58.99
- 

AmnoAn Double Wall Mirror-1
★★★★☆
\$69.99

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★★★★☆ 334
\$9.99



Amble Jump Rope - Speed Skipping Tangle-Free Double Unders - Adjustable For Adult...
★★★★☆ 49
\$5.99



Amble 2 Pack Jump Rope Soft Beaded Segment Jump Rope - Adjustable for Men,...
★★★★☆ 216
\$8.99



Amazon Basics Cylinder Jump Rope
★★★★☆ 539
\$23.76



Amazon Basics Standard Jump Rope
★★★★☆ 1,210
\$13.49



BERTER Jump Rope, Tangle-Free Ball Bearings Rapid Speed Skipping Rope,...
★★★★☆ 83
\$18.01



BERTER Jump Rope, Tangle-Free Ball Bearings Rapid Speed Skipping Rope,...
★★★★☆ 98
\$21.99



Amazon Basics Plastic Speed Jump Rope
★★★★☆ 816
\$10.49



Amazon Aluminum Speed Jump Rope
★★★★☆
\$20.49

Subtotal
\$54.99



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Shopbop Designer Fashion Brands	Neighbors App Real-Time Crime & Safety Alerts	Amazon Subscription Boxes Top subscription boxes – right to your door	PillPack Pharmacy Simplified	Amazon Renewed Like-new products you can trust	Amazon Second Chance Pass it on, trade it in, give it a second life	

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Subtotal
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