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Pivot, Slay & Namaste

Don't underestimate the power of mindset. Obstacles are inevitable; but with the right perspective, you can convert them into fuel and reach your goals. Fitness is a pivotal way to improve your mindset and focus on something positive. As a private yoga instructor, I train entrepreneurs to stay mentally fit for optimal success.

- **Two, 30-minute Pivot & Slay + Namaste mindset coaching for Entrepreneurs (live virtual)**
- **One, 45-minute Entrepreneur Yoga Flow module (pre-recorded with Jessica, RYT-200)**
- **Two, 20-minute Guided Meditation modules for Entrepreneurs. (pre-recorded)**

For a limited time you can get this package for the introductory price of \$497 (regularly \$697).

*****DISCLAIMER*****

Yoga includes physical movements and a risk of injury is always present. By purchasing this package, you assume full responsibility for all risks and injuries that may occur through participation and affirm that a licensed physician has verified your good health and physical condition to participate in such a fitness program. Participation is at your own risk.

****By purchasing this package, you certify that you have read and agree to the disclaimers in the package and that you allow the site to collect your name and email address for purposes of delivering the goods and services purchased.**

