



FQWEDY Yoga Block - Supportive Latex-Free EVA Foam Soft Non-Slip Surface for Yoga, Pilates, Meditation

\$9.99 ~~\$10.99~~ **SALE**

ADD TO CART

BUY IT NOW

- **STABILITY + BALANCE:** Yoga blocks provide the stability and balance needed in your practice to help with optimal alignment, deeper poses and increased strength
- **DURABLE SUPPORTIVE FOAM:** These lightweight and supportive foam blocks are constructed of a durable foam with a nonslip surface and beveled edges for easy gripping
- **MODIFY + ALIGN:** Use under your hands, feet or seat (meditation) to ensure the proper alignment needed in order to safely support and modify poses to suit your level of flexibility - If you feel tight, don't risk injury and grab a block or two
- **EXTEND + DEEPEN STRETCHES:** Blocks make for the ideal yoga prop and companion, as they are an important tool in your practice to help extend, support and deepen your stretches while also working to increase your range of motion
- **CARE INFO:** Spot clean with mild detergent - towel or air dry (Dimensions: 9"W x 6"H x 4"D / Weight: 4. 6oz)
- **Sport type:** Exercise & Fitness

SHARE TWEET PIN IT

Quick links

TERMS & CONDITIONS PRIVACY POLICY RETURN POLICY SHIPPING ABOUT US

Newsletter

Email address

SUBSCRIBE

© 2021, DOFIKI
© 2021, DOFIKI