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[TASMO] Exercise Equipmer Assistant Fitness Device Wo Bench Equipment for Home Abdominal Machine Muscle Training Kit

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Description

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TASMO Brand Exercise Equipment Assistant Fitness Device Workout Bench Equipment for Home Gym Abdominal Machine Muscle Relex

【Multi-Functional】 : Sit up bar can help you exercise 7 kinds of parts, suitable bird movements, high lift lower limbs, bridge hips, support lateral extensions, push-ups, sit-ups, lean over, flat support. Exercise your arms, shoulders, back, legs, abdomen, waist or other muscles of the body, a variety of training methods for small equipment waiting for your development

【Highly adjustable】 : Suction sit-up bar can adjusts to four different height for any foot size, helping to hold your feet in place during exercise. Withstands up to 198 pounds, help people of all ages who want healthy body Develop a rock-solid core

【Easy Assembly&Reusable】 : Assembly is easy and quick, simply take a few minutes and start your ab workout. Can be reused on smooth floors--tiles floor concrete, cured or any other smooth floors. Wipe the floor with a damp cloth before use, remove dust, and place the suction cup on a smooth surface, make sure there are no gaps at the bottom

【Lightweight& Compact】 : It can be used at home or in the office to shape your body and trim your waist. Also very suitable for travel. The perfect gift for people to have a healthier life, especially for those who don't have time to work out in the gym or gym.This is a very ideal portable exercise tool that saves time and money

Package includes:
1 x Exercise Equipment Abdominal Machine

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