



Huvvrk 18 Pack Resistance Bands Set Workout Bands - 5 Stackable Exercise Bands 5 Loop Resistance Bands 2 Core Sliders with Door Anchor and Handles, Legs Ankle Straps, Carry Bag & Guide Book for Home

\$40.99 ~~\$41.99~~ **SALE**

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BUY IT NOW

- **Perfect Resistance Bands Set Combination:** This set comes with 5 Color coded resistance tube bands (Yellow: 10lb, Blue: 20lb, Green: 30lb, Black: 40lb, Red: 50lb), 5 durable loop bands (Green: X-Light, Blue: Light, Yellow: Medium, Red: Heavy, Black: X-Heavy), 2 double sided core sliders, 2 heavy duty handles, 2 leg ankle straps, 1 door safe anchor, carrying bag and guide book. With plenty of exercise tools to choose, completely meet all your demands and find an exercise way which fit for you.
- **5 Color Tube Bands:** Such tube resistance band with 5 different color and resistance level, all exercise bands are 48" in length, they are double layered and carefully constructed and can be used alone or stacked in any combination to a maximum equivalent of 150 lbs. Made of extra strong cord which is extremely durable and protective. And each tube band is color-coded for instant recognize ability, but we still label each one with the equivalent weight for your convenience.
- **5 Strong Loop Bands:** These bands are ideal for improving strength and mobility. Can be used for integrated seamlessly with every popular workout program including Yoga, Pilates, and more. Perfect for squats, strengthening leg muscles, knee thrusts, lateral shuffles, or use them for general exercise, stretching, strength training, power weight programs.

- 2 Double sided sliders: Our fitness core sliders are double sided and work smoothly on all surfaces so that you won't matter what surface you've got at home or on your travels. The gliding discs is a total body workout that is very low impact but highly effective for core development, gives you an intense abdominal and entire body workout and also help to build core strength.
- Durable Material: Buy with confidence knowing that our resistance band set are made of 100% pure natural latex and premium ABS & EVA material, each with the highest quality which ensures a healthy fitness experience.



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