



Let's do diversity,

Nourish is a social impact organization that advances anti-racist education within organizations and communities.

Through experiential learning and human connection, Nourish brings a fresh and creative lens to training that improves the way people work together.

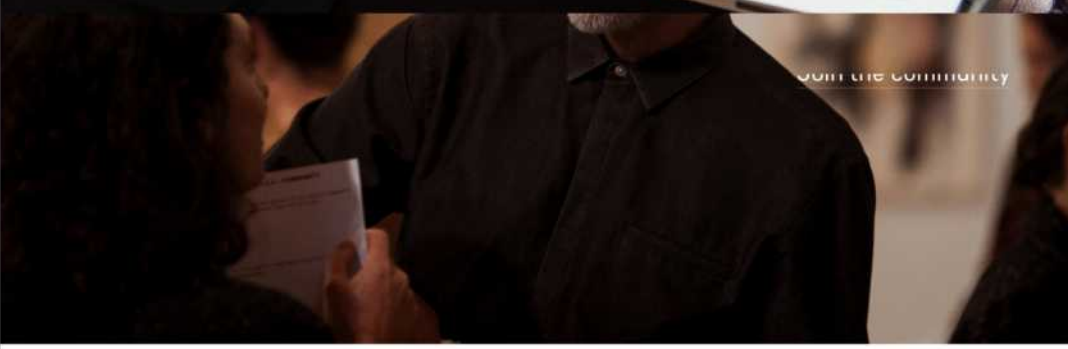


Learning



DEI Consulting Services

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Join the Community

Action Learning | Collaborative innovation.



Breaking away from the traditional classroom model, Nourish provides immersive and interactive learning experiences. We work with innovative teams to strengthen communication skills, develop emotional intelligence and model more inclusive behavior.

Trainings don't have to be boring, learning should be an experience.

[Click here](#) to begin a conversation about a workshop for your team



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Services

Nourish delivers DEI (diversity, equity & inclusion) consulting services to organizations committed to cultural change. By blending methods from design thinking, experiential learning, and cognitive behavioral science, Nourish is a strategic partner to companies that regard DEI as a source of competitive advantage, and specifically as a key enabler of growth.

- Inclusion Training
- DEI Strategy Sessions
- Employee Engagement Program Development

Companies with inclusive cultures are eight times more likely to achieve better business outcomes, and three times more likely to be top performers. By offering dynamic human capital solutions, Nourish is a strategic partner to mission-driven organizations that understand that inclusive practices are good for business.

[Click here](#) to share more about your organization's needs.



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Speaking engagements

Michaela Ayers, founder of Nourish, believes in the power of spoken words. Her particular areas of expertise include the value of diversity, equity, inclusion and belonging in the workplace and beyond, building equitable teams and businesses, cross-cultural communication, human resources, and professional learning and development across a range of topics.

She has served as a keynote speaker, event designer, conversation curator and moderator for a variety professional discussions, conferences and community events. Michaela is passionate about people and approaches speaking engagements through the lens of intersectionality and social justice.

Tell us more about your upcoming event. Get in [touch](#).



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WHAT

DESIGN EXPERIENCES ROOTED IN HUMAN CONNECTION, ACTION LEARNING AND DESIGN THINKING.



WHY

TO NORMALIZE CONVERSATIONS ABOUT RACE IN ORDER TO ACHIEVE EQUITY AND INCLUSION.



HOW

BY DEVELOPING SHARED LANGUAGE, INCREASING EMOTIONAL INTELLIGENCE AND STRENGTHENING COMMUNICATION SKILLS.



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