







ALLTHWO Women's yoga mat, environmentally friendly fitness exercise mat, non-slip textured surface, suitable for yoga, Pilates and home floor exercises, with carrying bag and shoulder strap

\$15.99

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BUY IT NOW

◆ Environmentally friendly and non-toxic-TPE material is denser, softer and more comfortable than ordinary yoga mats. EVERYMILE yoga mat is made of high-quality TPE material, which is highly elastic, non-toxic, odorless, firm and light. High cost, but higher than non-green PVC, NBR and EVA yoga mats.

◆ Two anti-jumping textured surfaces – now you don't need to worry about falling on the mat. The sweat-absorbing design reduces the risk of injury. The leaf pattern on the front can prevent slippery hands and feet, and the ripple pattern on the back is firmly attached to the ground, which is very suitable for all kinds of floors, such as wooden floors, tile floors or cement floors.

Lightweight and easy to carry-Lightweight cushion, weighing less than 2 pounds. Wear it to your favorite yoga studio/gym!

Tearproof and waterproof-TPE has high resistance and is not easy to deform. Optimal thickness-Provides the right amount of support for your joints and knees. Yoga mats are easy to keep clean and waterproof; you never have to worry about dampness or dirt. Just wipe it with soapy water.

It is good for physiology and psychology-Yoga integrates meditation and breathing to help improve one's mental health. Regular yoga exercises are good for the body and spirit. It helps correct posture, increase awareness, relieve stress, relax muscles, and improve concentration.



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