



COBA GLUTE TRAINER

\$199.00

Pay in 4 installments of \$49.75. [Klarna. Learn more](#)

Shipping calculated at checkout.

Quantity

1

ADD TO CART

BUY IT NOW

FOR A LIMITED TIME RECEIVE EXTRA HEAVY AND LIGHT RESISTANCE BANDS FOR FREE, A \$25.00 VALUE!

The COBA Board Glute Trainer's patented counterbalance design puts you in the right position to increase gluteal muscle activation while minimizing the use of your quadriceps and knees during squats, lunges and deadlifts.

The counterbalance design provides a training solution to help shape, tone and strengthen glute muscles faster, safer and more effectively than other methods.

The COBA Board Glute Trainer counterbalance board features a 7 degree incline with a toe grip to make sure that your body is positioned correctly with your weight back on your heels in a position that adds resistance to each movement. The COBA Board Glute Trainer's patented and scientifically proven concept takes the guesswork out of proper posture during exercise.

Included with your purchase:

- (1) Platform
- (1) Main Handle
- (3) Standard Under-Board Bands (20 lbs. of resistance each)
- (1) Standard Glute Bridge Band (40 lbs. of resistance)
- (1) Glute Bridge Nylon Strap
- (1) Standard Kickback Band (15 lbs. of resistance)
- (1) Kickback Nylon Strap
- (1) Cloth storage bag

Standard and extra resistance bands: Your COBA Board come standard with the 5 resistance bands described above. You can order our extra bands package which includes 2 extra glute bridge bands and 2 extra kickback bands. These will give you a lighter and heavier option for both exercises.

- **Glute Bridge** (extra)
 - (1) 30 lb. Glute Bridge Band
 - (1) 50 lb. Glute Bridge Band
- **Kickback** (extra)
 - (1) 10 lb. Kickback Band
 - (1) 20 lb. Kickback Band

*Resistance Bands are Color coded.

- **Light blue** (Light)
- **Dark blue** (standard)
- **Black** (Heavy)

Resistance Bands is enough. Targeting the glutes with multiple reps is as important as the weight, or "resistance". To enable a wider range of kickback and bridge workouts, with less or more resistance, choose the extra band packages (for a limited time the extra bands package is included free with your order)

What is The COBA Glute Trainer made from?

The COBA Board is a commercial grade, injection PVC molded product custom designed with premium materials to deliver the ultimate exercise experience with long term durability.

Laboratory tested to withstand 100's of pounds of pressure, Team COBA conducted a "home test" to demonstrate the strength of the board by driving a car over it - several times – with no resulting damage. Watch the video on our You Tube channel! "COBA Glute Trainer"

The COBA Glute Trainer is a serious, all-in-one piece of exercise equipment designed and built with attention to every detail. It has three 3" inch diameter pulleys to allow smooth movement when pulling on the resistance bands. A soft but durable yoga mat material on the top of the board is easy on knees and comfortable to stand on. The resistance bands are top quality latex and have an additional protection sleeve added to the tips to limit wear and tear. The main handle is made from high quality, commercial grade rubber and designed for comfort and grip. The kickback and glute-bridge straps are made of a strong nylon tear-resistant material. There are 18 non-slip rubber foot pads under the board to provide stability and protection for your floors.

The COBA Glute Trainer was built for Gym Goers, Home Exercise Users and Professional Trainers. Put it to the test!

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★★★★★ 4 Reviews

WRITE A REVIEW

Reviews (4)

T **Tracy B.** Verified Buyer 06/03/20
★★★★★
Awesome!!
I love the Cobra Glute Trainer!! I can really feel it working with every use!! Awesome product!!
Share | Was This Review Helpful? 0 0

P **Paola R.** Verified Buyer 06/03/20
★★★★★
Congratulations
This machine is amazing because it seems like I was going to the gym every day, since the resistance that the whole system has is wonderful and it always ends as if I had worked with weights. I'm really very happy with my purchase, I haven't yet overcome it. 🙌🙌🙌
Share | Was This Review Helpful? 0 0

A **Ariana M.** Verified Buyer 06/03/20
★★★★★
Love this product!!
I am a health professional- physical therapist and have found this product to be amazing so far!! Highly recommend to build posterior chain and help prevent injury!
Share | Was This Review Helpful? 0 0

C **Cierra H.** Verified Buyer 06/03/20
★★★★★
I love my Cobra board.
I love my Cobra board. Really helped with exercising during these tuff times.
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