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Aptitude Performance Center
@aptitudeperformancecenter

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Posts

Aptitude Performance Center
February 21 · 🌐

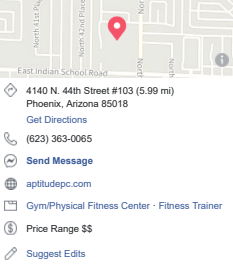
Jennet showing great core strength with this advanced rollout variation.
@jennetkirkpatrick 🙌🙌🙌🙌🙌🙌🙌🙌🙌🙌🙌🙌

5.0 5 out of 5 - Based on the opinion of 3 people

Community See All

Invite your friends to like this Page
7,077 people like this
7,055 people follow this
101 check-ins

About See All



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Phoenix, Arizona 85018
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aptitudepc.com
Gym/Physical Fitness Center · Fitness Trainer
Price Range \$\$
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Page created - November 13, 2010

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Aptitude Performance Center February 8 · 🌐

THANK YOU to everyone that came out for the Conditioning Circuit at the Biltmore Lululemon location this morning led by Dwanye and Erica!
@fit_by_fearon @lift_with_eric_labodi @lululemon @biltmorefashionpark




4

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Recommendations and Reviews



The new wave of workout...I worked out with Roger at the Villages for a few years and the workouts ar... [See More](#)

May 4, 2017



★★★★★

June 10, 2017

Do you recommend Aptitude Performance Center?

Yes

No

[See All](#)

Posts

Aptitude Performance Center November 28, 2019 · 🌐

GRATITUDE FROM APTITUDE!
HAPPY THANKSGIVING TO OUR APTITUDE FAMILY!!

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THANK YOU

1

Like Comment Share

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Aptitude Performance Center is in Kauai, Hawaii. September 3, 2019

You may find us in Kauai 🌴🌴 #aptitudeperformancecenter #reppin #strengthandconditioning @ Kauai, Hawaii

1

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Aptitude Performance Center August 31, 2019

You may find us in Puerto Vallarta 🇲🇽 #aptitudeperformancecenter #reppin #team #Ateam

3

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August 22, 2019 · Phoenix · 🌐
Proud of this girl! Started in May 2017 and never quit. She put her trust in us and logged almost 400 training sessions since then. Now she's heading over to San Diego as a student-athlete! @ Aptitude Performance Center



👍❤️ 12 1 Comment
👍 Like 💬 Comment ➦ Share

Most Relevant ▾
Write a comment...
Donna Callaghan Manelis We love you Lindsey!!! Good luck!! 😊
Like · Reply · 39w

Aptitude Performance Center · August 19, 2019 · 🌐
Recovery day 🌱 #aptitudeperformancecenter #normatec #strengthandconditioning



👍❤️ 3
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