

"As a Doctor (MD) I've consulted over 150,000 people in my career. A huge factor in illness I've observed is poor nutrition. Diet plays a big role in health, wellness & recovery. Ongoing testing in countless clinical scenarios revealed the synergistic effects of various nutrients to me. I used my significant clinical nutrition experience in the genesis of the original Doctor's Shake. It's tough to get the ideal daily servings of fruits and veggies, which is why Doctor's Shake is amazing. This superfood mix has the antioxidant profile of 25+ servings of fruits and veggies & ORAC density of 50,000+ PER SCOOP! The Oxygen Radical Absorbance Capacity test was invented at the National Institutes of Health (NIH), & is a measure of the ability to quench oxygen free radicals. This scientifically tested, high density plant-based formula includes distinctly bio-available juice extracts, green superfoods, premium freeze-dried veggies & berries, select premier cultivar, probiotics & nutrients in quantities I find ideal."†



Dr. Farrah

- ➔ Paleo Friendly
- ➔ Keto friendly
- ➔ Vegan Friendly

100% VEGAN, SOY FREE, DAIRY FREE & NON GMO. NO ADDED SWEETENERS, FLAVORS OR FILLERS. OUR GRASS JUICE EXTRACTS ARE HARVESTED FROM YOUNG CULTIVAR BEFORE THE GLUTEN CONTAINING ENDOSPERMS DEVELOP & ARE GLUTEN FREE.

WARNING: Keep in a cool dry place, out of children's reach. Do not take this supplement if under the age of 18, pregnant or nursing a baby. If you're pregnant, nursing, using any medication or have any medical condition, please consult with a licensed medical professional before taking any dietary supplement. All DRF LLC products fully comply with Federal safety regulations.



ONE SERVING:
1 SCOOP = 

www.doctorfarrah.com



The Doctor is in™ ...

DOCTOR'S SHAKE™



- ➔ **WORLD-CLASS GREEN SUPERFOOD FORMULA†**
- ➔ **ANTIOXIDANT POWER OF 25 SERVINGS OF FRUITS & VEGETABLES + PROBIOTICS!†**
- ➔ **PALEO, KETO & VEGAN FRIENDLY!**

DIETARY SUPPLEMENT
Net. Wt. 6.4oz | 30 Servings Per Container

Suggested Use: Mix 1 scoop daily in water or your favorite soup or smoothie or as directed by a qualified health care professional.

SUPPLEMENT FACTS

Serving Size: 1 Scoop (Approx. 6 grams) Servings Per Container: 30

	Amount Per Serving	%DV*		Amount Per Serving	Amount Per Serving
Calories 22			Natural C	812 mg *	Organic Power Blend 125 mg *
Total Fat	0g	0%	Quercetin (Qpower), Organic Acerola berry extract		Organic Acai berry juice powder
Saturated Fat	0g	0%	Organic Camu Camu berry extract		Organic Gelatinized Maca root
Trans Fat	0g	0%	Organic Amla berry extract		Super Antioxidants 125 mg *
Cholesterol	0mg	0%	Organic Acai berry juice powder		Organic Green & White Tea extract
Sodium	21mg	1%	Organic GoJi/Lycium berry extract		Grape seed extract
Total Carbohydrates	3g	1%	Organic Oat Bran 500 mg *		Cleansing & Tonic Support 125 mg *
Fiber	1g	5%	Super Beta-Glucan Mushrooms 250 mg *		Milk Thistle seed extract,
Sugars	1g	*	Agaricus fruiting body extract		Artichoke leaf extract
Protein	2g	*	Cordyceps mycelia CS-4 extract		Adaptogen Formula 125 mg *
Vitamin A 75% (100% as beta-carotene)			Maitake fruiting body extract		Eleuthero root bark, Rhodiola root
Vitamin C 58% Calcium 2% Iron 7%			Reishi fruiting body extract		Jiaogulan/Gynostemma-aerial part
Organic Cultivar Premium Grass Extracts 1560 mg *			Shiitake fruiting body extract		Reishi fruiting body, Holy Basil leaf
Organic Wheat grass (young leaf)			Probiotic & Prebiotic Select Blend 250 mg *		Ashwagandha root, Astragalus root
Organic Egyptian Wheat grass (Triticum polonicum)			(dairy free -1.2 billion at time of mfg.)		Schisandra berry, GoJi/Lycium berry
Organic Alfalfa grass (young leaf)			L. Acidophilus, L. Casei Rhamnosus, B. Longum,		Cordyceps mycelia Cs-4
Organic Barley grass (young leaf)			S. Thermophilus, L. Plantarum. Prebiotics- Oat		American Ginseng root, Suma root
Organic Oat grass (young leaf)			beta-glucan fiber, Beet fiber, Inulin FOS (Chicory)		Licorice root, Ginger rhizome, Tangerine Peel
Organic Superfoods 1,125 mg *			Organic Premier Berry Blend 125 mg *		Super Spice Blend 125 mg *
Organic Spirulina			Organic Strawberry (freeze dried)		Ginger rhizome extract,
Organic Chlorella			Organic Raspberry (freeze dried)		Turmeric rhizome extract
Organic Premium Vegetables 830 mg *			Organic Blueberry (freeze dried)		Cinnamon bark extract
Organic Spinach			Organic Tart Cherry (freeze dried)		
Organic Broccoli sprout			Organic Pomegranate (freeze dried)		
Organic Parsley			Organic Cranberry (freeze dried)		
Organic Kale					
Organic Tomato					

+Percent D/V based on a 2,000 calorie diet
* Daily Value not established

Manufactured Exclusively For: DRF LLC, PO Box 1130, Durant, Ok 74702 USA WWW.DOCTORFARRAH.COM

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DO NOT USE IF SAFETY SEAL IS DAMAGED OR BROKEN

