



# POP IT program

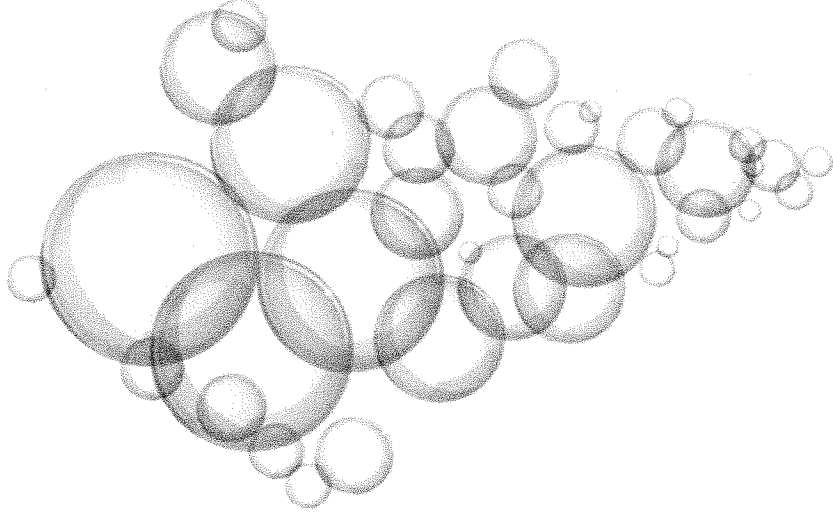
**P**ain management

**O**ne voice

**P**ositioning for comfort

**I**nvolve family

**T**elephone child life





# Conclusions

- Coping is different for all children and can vary according to developmental age, available support, and past experiences
- Individualize game plan; every situation, patient and family is different so be open-minded
- Work together as a team to provide more consistent care
- Use POP IT (minus the T) to minimize patient's stress and anxiety associated with invasive procedures, to increase coping and comfort, and to provide patients and families with a better overall hospital experience
- Better patient experience= better catalyst scores