



Mark Goodman <mark@goodmanlawnevada.com>

Fwd: Vitality - Where Yoga, Mindfulness, and Holistic Medicine Meet

cjvoscopoulos <cjvoscopoulos@yahoo.com>
To: mark@goodmanlawnevada.com

Thu, Sep 6, 2018 at 4:25 PM

Sent from my Verizon, Samsung Galaxy smartphone

----- Original message -----

From: "Christopher Voscopoulos, MD, MBA, MS, FCCP" <info@med-specialists.net>

Date: 8/19/18 5:39 PM (GMT-05:00)

To: Christopher <cjvoscopoulos@yahoo.com>

Subject: Vitality - Where Yoga, Mindfulness, and Holistic Medicine Meet

Medical Specialists Associates

Vitality

Where Yoga, Mindfulness, and Holistic Medicine Meet

*This is a reminder that our next
specialized yoga class for pain medicine
will be held on Monday August 20th at
6pm*

SONOMA VALLEY COMMUNITY HEALTH CENTER

19270 Sonoma Highway in Sonoma, California (707) 939-6070 ext 112 | info@med-specialists.net



Meredith A. Hart, MS, CIAYT, LMT, ERYT500, BA
Transpersonal Psychology/Yoga Therapy,
Master's of Science in Ayurvedic Medicine



Christopher Voscopoulos, MD, MBA, MS, FCCP
Board Certified in Anesthesiology, Critical Care &
Pain Medicine
Master's of Science in Ayurvedic Medicine

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