



Competitions Offered

Please contact your local **Regional Registration Headquarters** to register and get MISTified!

To view competition events, rules, and procedures, see the **Official 2016 Competition Rulebook**.

*All competition rules, ballots, and materials are copyrighted and the sole property of the **Muslim Inter-Scholastic Tournament (MIST)**. They may be printed by MIST competitors to prepare for MIST, but they may not be reproduced for any other use, in whole or part, without written consent.*

Category I: Knowledge and Quran

Knowledge Tests

- Book 1
- Book 2
- Book 3
- Book 4

Quran Memorization (Brothers and Sisters)

- Level 1
- Level 2
- Level 3
- Level 4

Category II: Arts

2D Art

3D Art

Fashion Design

Graphic Design

Photography

Category III: Writing and Oratory

Extemporaneous Essay

Extemporaneous Speaking

Original Oratory

Poetry

Prepared Essay

Short Fiction

Spoken Word

Category IV: Bracket Competitions

Debate

Math Olympics

MIST Quiz Bowl

Improv (Brothers and Sisters)

Category V: Group Projects

Business Venture

Nasheed/Rap (Brothers and Sisters)

Community Service

Science Fair

Short Film

Social Media

Category VI: Sports

Basketball (Brothers and Sisters)





Banner images provided by Classic Sailing or GollyGforce, for demo purposes only. Powered by Squarespace

