



[Home](#) [Plan](#) [Prep](#) [Practice](#) [Reviews](#) [Authors](#)



[Register](#)



[Sign In](#)



[Cart](#)



[Forum](#)



### Social Media



### Announcements

Soft Launch of "New" Unknown Prepper Website

[View All](#)

### Unknown Contest

Unknown Prepper Fiction Writing Contest!!

Enter your original fictional prepping or survival story into the Unknown Prepper Writing Contest

Editor's Choice winner receives \$250!

First Prize winner receives \$100!

Entry ...

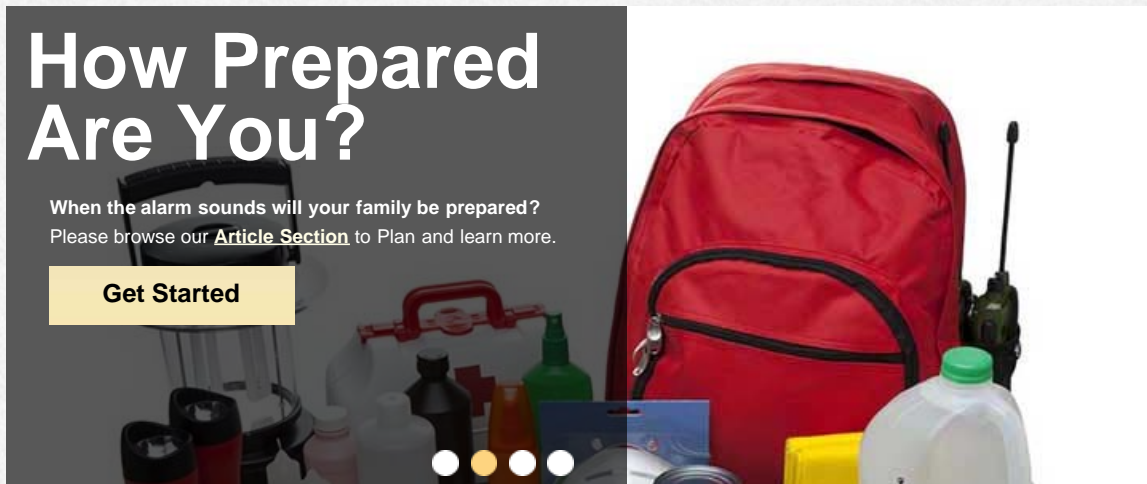
[Read More](#)

## Do Not Fear The Unknown...Prepare For It

# How Prepared Are You?

When the alarm sounds will your family be prepared? Please browse our [Article Section](#) to Plan and learn more.

[Get Started](#)



### Latest Articles

[Returning Home and Recovering after a Disaster](#)

[Emergency Preparations for Pets](#)

[Organize a Family Preparedness Plan](#)

[View All](#)

### Recent Blog Entries

[Self-Assessment and Evaluation...](#)

[Why Prepare?...](#)

[View All](#)

### Latest News

M 4.6, 6km N of Bhadarwah, India

Freeze Warning issued May 01 at 6:49AM PDT until May 01 at 7:00AM PDT by NWS

**Outdoor Gear & Apparel** for every adventure  
[Shop Amazon.com/outdoors](#)

amazon.com

Privacy

### Welcome to Unknown Prepper

The mission of **UNKNOWN PREPPER** is to help our readers plan, prepare and put into practice the insight, goods and skills needed to better survive The Unknown. Nobody likes to think about or plan for the negative. But it's truly inevitable. Recent hurricanes Katrina and Sandy have both shown how truly weak and fragile our daily lives have become from even

### Featured Article

#### Create a Family Disaster Supply Kit...

**Gather the Supplies to Meet the Needs of Your Family.**

One of the first steps toward preparedness is the creation of a family disaster supply kit. This will

Freeze Warning issued May 01 at 6:49AM PDT until May 01 at 7:00AM PDT by NWS

[View All](#)

## Newsletter

Sign Up for Our Newsletter:

[Subscribe](#)

a brief interruption of basic services such as food, water, shelter, and fuel.

So, then, what do we mean by "[Plan](#), [Prep](#), [Practice](#)"?

**Plan:** Plan on the Inevitable. Expect the Unexpected. Disaster Planning helps to avoid confusion and frenzied panic. When fear has taken hold and it's difficult to think clearly, disaster planning provides written guidance covering many aspects of what to do and how to do it in a crisis scenario.

**Prep:** Prepare and Gather Supplies. Consider a Budget. Disaster Preparation helps to reduce discomfort, and in extreme cases can greatly increase the odds of survival. Mother Nature strikes everywhere, eventually. Having supplies on-hand from your disaster preparation efforts can be much less expensive than paying scalpers in an emergency.

**Practice:** Practice the Plan. Share Plans with Friends and Family. Disaster Preparedness is somewhat an overall state of readiness. This includes occasionally reviewing and being familiar with your particular plan, as well as the current inventory and knowledge of how to use your emergency supplies. For example, a common mistake is to blindly go buying emergency supplies and foolishly checking them off your lists without first knowing what you're buying and learning how to use it. Our web site is dedicated to providing unbiased product quality reviews, preparation guides, planning checklists, news, articles, and many other documents. There are some common elements among disaster preparedness, but implementing your specific state of readiness will be unique - because every family structure, budget, knowledge, and personal situation is unique.



help families get through the first few days after a disaster. Public shelter

after a disaster may not offer some of the basic necessities. The development of a kit will make a stay in a public shelter more comfortable, should it be necessary. Store the kit in a convenient place known to all family members. Keep and store loose items in airtight bags or containers. Inventory, replenish and update the disaster supply kit at least twice a year.

You will need the kit's supplies if you are confined to your home. They also are valuable if you evacuate to a place other than a well-stocked shelter, or if you're unsure of the shelter's supplies.

A basic disaster supply kit must include a collection of these six essential items:

### 1. Water

Water is the most important item to store. Loss of safe drinking water can be deadly. Most people, with few exceptions, will be feeling the effects if they do without water for more than 36 hours. Dehydration occurs much quicker than starvation. Our bodies can tolerate the loss of food much better. With an ample water supply, starvation is delayed many days, even weeks.

A normally active person needs to drink at least two quarts of water daily. Heat and intense activity can double this amount. Children, nursing mothers, and those with special needs may require more.

Store water in clean plastic containers such as thoroughly washed and rinsed soft drink bottles with tight fitting screw-on caps.

Store 1 gallon per day per family member (2 quarts for drinking, 2 quarts for food preparation & sanitation). Children, nursing mothers and ill people will need more

At least a 3-day supply of water should be stored for every family member.

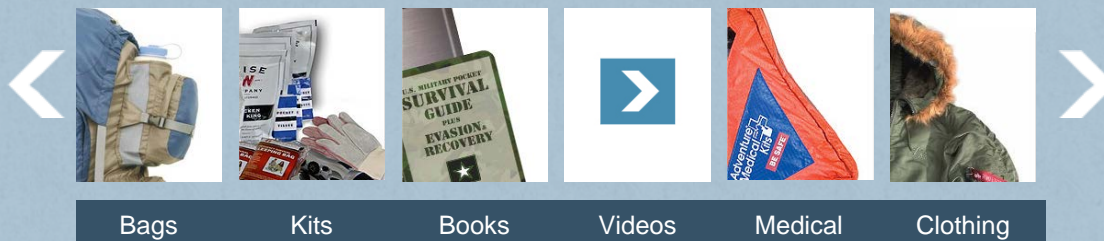
### 2. Food

Choose compact, lightweight foods that do not require refrigeration, cooking or preparation, and foods that use little or no water.

Store at least a 3-day supply of non-perishable food. Select foods ...

[Read More](#)

## Product Categories



[About Us](#) [Customer Service](#) [Terms Of Use](#) [Contact Us](#) [Unknown Publishing](#) [Doomsday Preparation](#) [Emergency Preparation](#) [Earthquake Preparation](#) [Tsunami Preparation](#) [Hurricane Preparation](#) [Tornado Preparation](#) [Flood Preparation](#) [Drought Preparation](#) [Landslide Preparation](#) [Wildfire Preparation](#) [Severe Weather Preparation](#) [Heat Wave Preparation](#) [Privacy Policy](#)  
© 2013 Unknown™ Prepper

