

# Supplement Facts

Serving Size—1 Packet

Amount per Packet	% Daily Value	Amount per Packet	% Daily Value
Total Calories	20	Marine Lipid Concentrate	1850 mg *
Calories From Fat	20	EPA	(300 mg) *
Total Fat	2 g 3%	DHA	(200 mg) *
Saturated Fat	0.5 g 2%	Krill Oil	(50 mg) *
Trans Fat	0 g	Other Omega-3 Fatty Acids	(50 mg) *
Cholesterol	0 mg 0%	Polyphenol and Flavonoid Blend	110 mg *
Vitamin A (as Vitamin A Palmitate)	1250 IU 25%	Catechins (from <i>Camellia sinensis</i> Leaf Extract (20:1))	(45 mg) *
Vitamin C (as Calcium Ascorbate)	250 mg 417%	Citrus Bioflavonoids (from Citrus Fruits)	(25 mg) *
Vitamin D <sub>3</sub> (as Cholecalciferol)	300 IU 75%	Quercetin	(25 mg) *
Vitamin E (as D-Alpha Tocopherol, Tocotrienols)	100 IU 333%	Grape Seed Extract (min. 95% Polyphenols)	(12.5 mg) *
Vitamin K (as Phytonadione)	20 mcg 25%	Resveratrol (as trans-resveratrol)	(2.5 mg) *
Thiamin (as Thiamine Mononitrate)	3.75 mg 250%	Tocopherol Blend (other than alpha-tocopherol)	50.5 mg *
Riboflavin (as Riboflavin)	4.25 mg 250%	Gamma-Tocopherol	(37.5 mg) *
Niacin (as Niacinamide)	17.5 mg 88%	Beta- and Delta-Tocopherols	(13 mg) *
Vitamin B <sub>6</sub> (as Pyridoxine Hydrochloride)	5 mg 250%	Alpha-Lipoic Acid	25 mg *
Folate (as Folic Acid)	300 mcg 75%	D-Limonene	25 mg *
Vitamin B <sub>12</sub> (as Cyanocobalamin)	30 mcg 500%	n-Acetyl-L-Cysteine	25 mg *
Biotin (as Biotin)	150 mcg 50%	Carotenoid Blend	8.75 mg *
Pantothenic Acid (as D-Calcium Pantothenate)	15 mg 150%	Beta-Carotene (from Palm Fruit and <i>Blakslea trispora</i> Extract)	3.75 mg * (6250 IU)
Calcium (as Calcium Malate, Tricalcium Phosphate, Calcium Ascorbate)	300 mg 30%	Lycopene (as Lycopene)	(2.5 mg) *
Phosphorus (as Tricalcium Phosphate)	62.5 mg 6%	Alpha-Carotene (from Palm Fruit Extract)	(1 mg) *
Iodine (as Potassium Iodide)	50 mcg 33%	Lutein (as Lutein Ester from Marigold Flower Extract)	(1 mg) *
Magnesium (as Magnesium Amino Acid Chelate)	150 mg 38%	Zeaxanthin	(0.25 mg) *
Zinc (as Zinc Amino Acid Chelate)	7.5 mg 50%	Astaxanthin (from <i>Haematococcus pluvialis</i> Extract)	(0.25 mg) *
Selenium (as L-Selenomethionine, Sodium Selenite)	70 mcg 100%	Inositol (as Inositol)	5 mg *
Copper (as Copper Amino Acid Chelate)	0.5 mg 25%	Silicon	5 mg *
Manganese (as Manganese Amino Acid Chelate)	1 mg 50%	NanoCoQ <sub>10</sub> (Ubiquinone)	2.5 mg *
Chromium (as Chromium Amino Acid Chelate)	100 mcg 83%	Boron (as Boron Citrate)	1.5 mg *
Molybdenum (as Molybdenum Amino Acid Chelate)	37.5 mcg 50%	Vanadium (as Vanadyl Sulfate)	10 mcg *

\*Daily Value not established.

**Other Ingredients:** Gelatin, Microcrystalline Cellulose, Cyclodextrin, Magnesium Stearate, Beeswax, Lecithin, Silicon Dioxide, Vanillin.

**Recommended adult use:** Two twin sachet packets daily. Take the contents of one (1) lifepak® nano twin sachet [5 capsules and 2 softgels] with eight (8) ounces of liquid with your morning and evening meals.

**Warning:** Contains shellfish. Pregnant or lactating women, diabetics, hypoglycemics, and people with known medical conditions should consult with a physician prior to taking supplements.

**Guarantee:** No added sugar, salt, wheat, yeast, dairy products, preservatives, or artificial colors. Lifepak nano is not manufactured with gluten ingredients.

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