

# Instructions for the 4101 N100 Maintenance free respirator

## Fitting Instructions

The respirator user must be fit tested according to OSHA regulation 29 CFR 1910.134.

1. Hold the mask in your hand with the nosepiece at your fingertips and press it firmly against your face, with the nosepiece on the bridge of your nose.
2. With your other hand, take the lower band, pull it over your head and position it below your ears.
3. Position the upper band in the same manner but place it above your ears.
4. Adjust the strap tension by pulling the straps as shown in the Figure.
5. Using both hands, mold the metal nosepiece to the shape of your nose and inhale vigorously. If no negative pressure is felt inside the respirator, adjust and tighten the nosepiece. If any leakage is detected, readjust the position of the respirator according to steps # 4 and # 5

If you CANNOT achieve a proper fit, DO NOT enter the contaminated area.  
See your supervisor for proper fitting respiratory protection.

