



# Carolina Family Life Coaching

Amber Harkey, BCC



Combine passion, sincerity, and a love for the family unit and you have Amber Harkey. As the founder and owner of Carolina Family Life Coaching, she uses her drive to support families in becoming the happiest they can be. She does this by valuing each family member and the strengths that they bring to the table.

Amber decided to create Carolina Family Life Coaching after recognizing a lack of outside support for families. She knew from firsthand experience the importance of increasing family communication and connection.

In addition to coaching, Amber is the Vice Chair Family Life Coaching Association to help ensure the field of family coaching remains innovative with unparalleled standards.

Amber holds a Bachelor's Degree from North Carolina State University and is currently completing her Master's Degree in Youth, Family, and Community Sciences at North Carolina State University.

Amber is also an internationally recognized Board Certified Coach through the Center for Credentialing and Education.

"Never stop learning" - she believes this is the key to being the best resource she can be for her clients.

Clients can expect to work with Amber in an encouraging and collaborative environment. Her mission is for each individual client to leave their sessions feeling empowered and in control of their future.

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