

# Agitation in Alzheimer's Screeners for Caregivers (AASC™)

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A person with Alzheimer's dementia may become easily upset, frustrated, or angry. These feelings may be associated with agitation, a common symptom of Alzheimer's.

The following questions ask about behaviors associated with agitation that you may have observed in the individual for whom you provide care.

Your answers to these questions can help you talk with your person's healthcare professional. Please select one response for each question.

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## (1) Are you noticing any of the following that represent a change from the individual's usual or past behavior?

- a. Repeated motions or behaviors (e.g., rocking, raising fist, pointing finger)  Yes  No
  - b. Pacing or restlessness (cannot be still)  Yes  No
  - c. Cursing/using profanity or lashing out verbally  Yes  No
  - d. Raising voice or yelling or screaming  Yes  No
  - e. Resisting assistance or care  Yes  No
  - f. Throwing or hitting or breaking things  Yes  No
  - g. Trying to hurt self or others (e.g., grabbing, kicking, hitting, biting)  Yes  No
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## (2) Do any of these behaviors negatively affect the individual's relationships, activities, or willingness to receive care? Yes No

**References:** 1. Data on File (UNB-001 v1.0) 2. Agitation criteria based on the International Psychogeriatric Association (IPA) definition (Sano et al., 2023)

This resource is provided for informational purposes only and is not intended as a substitute for a healthcare professional's independent judgment. Always follow the healthcare advice of your loved one's doctor. Do not change the way they take their medication without talking with their doctor.