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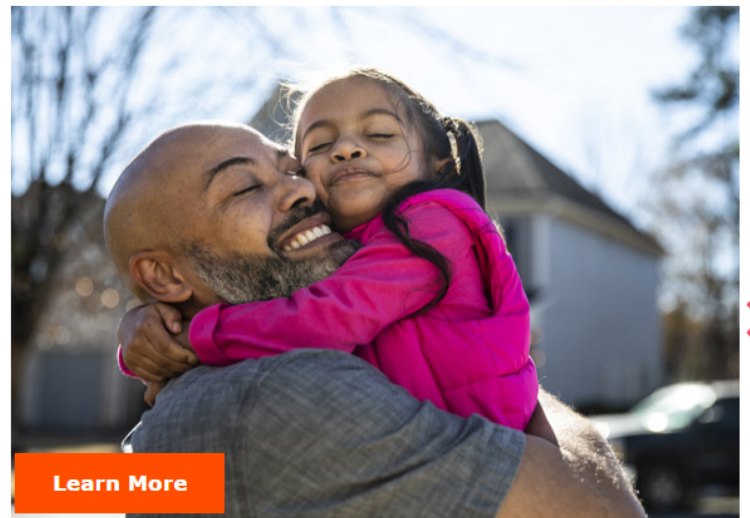
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Screening options for preventing colorectal cancer

Colorectal cancer is the third most common cancer in men and women in the United States, but it is highly preventable thanks to screening. The new recommended age to start colorectal cancer screening has been lowered from age 50 to 45. There are several different screening options. The one that's right for you depends on multiple factors, including your cancer risk, overall health and personal preferences.



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Our Mission:

Living God's love by
inspiring health,
wholeness and hope.

There are so many things that make each of us unique. And that includes our health journey—mind, body and spirit.

At Adventist Health, you're never just a patient. You're so much more. That's why we partner with you so you can get more out of your healthcare experience. Whether you need easy access to primary care, an expert provider offering innovative treatments or a guide who is there to help you live your best life, we help you fill each day with more of what matters most.

We know you can always use more wholeness and hope, and our faith-based approach to care offers an innovative, whole-person focus on physical, mental and spiritual healing. Because we're not just here to put more years in your life. We're here to put more life in your years.



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The Together inspired e-newsletter is published quarterly to support you and your community in achieving whole person health. Sign up below to receive the next issue.

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Adventist Health Glendale recognized



4 Ways to Reduce Your Risk of



How's your rhythm? Four heartbeat



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