

# **Fresh Start Recovery Center**

A family-focused residential substance use treatment program for mothers and their children.

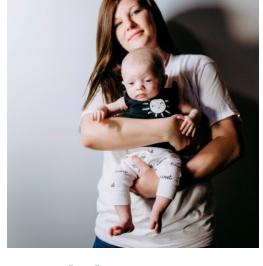
The Program

The Fresh Start Recovery Center focuses on helping mothers recover from substance use disorder including opioid use disorder and have healthy children. Fresh Start Recovery Center serves pregnant women and mothers struggling with substance use disorders.

This program uniquely allows mothers and children to remain together during treatment. We are located in Indianapolis, Columbus, Evansville, and Winchester and accept referrals from anywhere in Indiana.

Our residential treatment provides 24/7 support to clients. During their stay, clients receive services tailored to their goals.

This program meets the American Society of Addiction Medicine level 3.5 criteria and is accredited by Commission on Accreditation of Rehabilitation Facilities and certified by the Indiana Division of Mental Health and Addiction.













75 days



#### **Our Services**

- Substance Use Disorder & Mental Health Treatment
- Parenting Skills Development
- Connection with Housing
- Planning for Aftercare
- Family and Couples Counseling
- Connection to Community Resources
- Medication Assisted Treatment
- Connection to Medical & Psychiatric Care
- Court Advocacy
- Intensive Case Management
- Individual & Group Therapy
- Life Skills Training

### **Contact Us**

833.659.4357 voaaccess@voaohin.org

## 24/7 Care & Support

Staff maintain safety and provide support to clients around the clock.

Staff are trained in trauma-informed care, gender responsive care, motivational interviewing, warning signs of abuse, crib safety, and age-appropriate activities for children. All Fresh Start Recovery Centers are also equipped with security monitoring systems.

### **Volunteers of America**

Volunteers of America's mission is to transform lives and help people reach their full potential by offering hope and restoring dignity. Our vision is a world where all people live in safety, with social, emotional and physical wellbeing, spiritual fulfillment, justice and hope.

Offer Hope Restore Dignity Transform Lives