

Helping women and mothers and their children maintain a strong and healthy bond.

This program uniquely allows mothers and children to remain together and focuses on helping mothers recover from opioid, heroin, and other drug addictions and have healthy children. Program admission is open to pregnant women and mothers with a substance use disorder with or without an open case with the Department of Child Services (DCS).

You can count on us.

Volunteers of America Ohio & Indiana is an affiliate of Volunteers of America, a national nonprofit, faith-based organization dedicated to helping people rebuild their lives and reach their full potential. For over 125 years, our work continues to touch the mind, body, heart – and ultimately the spirit – of those we serve.



Fresh Start Recovery Center

Residential substance use disorder treatment for pregnant women and mothers with children



For more information or to make a referral, please contact us:

833.659.4357

voahin.org/fresh-start

voaaccess@voahin.org

Fresh Start Recovery Centers

Columbus

703 Washington Street
Columbus, IN 47201

Evansville

1351 W. Buena Vista Rd.
Evansville, IN 47710

Indianapolis

927 N. Pennsylvania St.
Indianapolis, IN 46204

Winchester

313 S. Meridian St.
Winchester, IN 47394



Volunteers
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OHIO & INDIANA

All submitted referrals will be contacted within 24 business hours.



Offer Hope Restore Dignity Transform Lives



Mothers with children are allowed to have 2 of their children, aged 5 and under, live with them during treatment. All clients will be active in the following:

Phase 1 – Acute Stabilization, Treatment, and Life Skills Training

- 30+ days* focused on addictions and mental health treatment with a strong emphasis on building parenting skills, bonding, and attachment.
- Daily treatment and/or case management
- Child Engagement Specialists provide child care and developmental activities when Mom is in treatment
- Connection with Medication Assisted Treatment (MAT)
- Planning for aftercare treatment

This program accepts Medicaid as the primary payer source. Additional funding sources may be available.

Phase 2 – Recovery Maintenance, Treatment, and Advanced Life Skills Training

- Shift from acute stabilization to long-term recovery maintenance and planning
- Focus on reintegration into communities for an average of 54 days*
- Focus on long-term recovery skills including the following:
 - Employment
 - Job training
 - Housing
 - Child care
 - Parenting
- Begin aftercare treatment; including outpatient treatment, peer support groups, and other services as needed.

**Length of phases may vary and are specific to each client's recovery needs.*

A treatment option that works for mothers with children and pregnant women

Trained staff are present 24/7 to maintain safety and support.

Staff are trained in Trauma-Informed and Gender Responsive Care, identifying child abuse and neglect, and safe-sleep practices.

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**Phone / 833.659.4357
Online / voahin.org/fresh-start
Questions / voaccess@voahin.org**

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