

BOLD Manifesto



Be Yourself: To Be Myself I Need to Believe in Myself

Be Me: *I reconnect with who I am and bring my whole self*

Trust myself: *I own my value and know I am good enough*

Own Your Zone: Practice Courage

Do it afraid: *I take risks speaking up, making decisions, and approaching new roles or opportunities*

Challenge fear: *I choose "I CAN," and here is what I need to be successful*

Get accurate: *I look in the mirror, ask for feedback, and practice being coach-able*

Lead with Presence: Communicate Consciously

Be present: *My presence speaks volumes before I say a word*

Use leadership language that matches my intention: *My words create my world*

Dare to Share: Get a Better Me, Give a Better Me

Commit to well-being: *When I take care of myself, I am capable of anything*

Say what I think: *When I speak, I add value. When I decline and renegotiate requests, I build trust*

Build my team: *I make requests and ask for help early and often based on what matters most*