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American Academy of Anti-Aging Medicine

Founded in 1992 by Dr. Ronald Klatz and Dr. Robert Goldman, A4M is rooted in a forward-focused mission to redefine modern medicine. **The American Academy of Anti-Aging Medicine (A4M)** is the established global leader for continuing medical education in longevity medicine, metabolic resilience, and whole-person care.

The Metabolic Medical Institute (MMI) serves as a branch of A4M that delivers graduate level education designed to produce the complete practitioner in all aspects of anti-aging medicine. MMI has adopted a variety of educational resources to deliver in-person, on-line, synchronous, and asynchronous mixed methods learning experiences ranging from one day workshops to month long courses.

Together, A4M/MMI provides an advanced network of continuing medical education opportunities including traditional CME events, intensives curriculum-based courses, university-level certification programs, in-depth workshops, and more.

In consistently pushing beyond the traditional standards of healthcare and disseminating the latest and most innovative clinical strategies in modern medicine, A4M has spent nearly three decades equipping thousands of clinicians from across the globe to combat the growing burden of age-related disease and improve the human healthspan—and we are just getting started.

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