



“Every day, the QMA team shows their commitment to their mission. The hard work and care definitely shows.”

Self-Advocacy & Advocacy Group

Self Advocacy

QMA believes that everyone has the right to choose how to live their own life. We celebrate the individuality of the people we serve, and we strive to ensure that they are able to pursue the things that make them happy.

- Self-Determination

There are many types of decisions that go into determining the course of your life. Everything from the type of career that you have, to where you live, to how you spend your free time, all combine to make you the person you are. Instead of ignoring the desires of the people we serve, we work tirelessly to educate them about their options and help them make their own choices. Individuals are able to choose the types of jobs they want (and receive the requisite training), are able to choose the type of living arrangements that best suit them, can choose the people they will live and associate with, and are able to develop their own hobbies and forms of entertainment. By focusing on each person's individual needs and capabilities, we enable them to shape their lives and maximize their happiness.

Please [contact us](#) to discuss how we can help your loved one live a life that is uniquely their own.

- Healthcare

Perhaps no aspect of life is as uniquely personal as the treatment of one's body. At QMA, we believe that every person has the right to make their own decisions about the type of healthcare they receive (and do not receive). We fight to ensure that the people we serve are active participants in their healthcare decisions. Everyone has different levels of comfort with medical treatments and procedures, and we believe those individual needs should be honored, not ignored. No one should have their healthcare dictated to them, and no one should have to suffer through unwanted or unexplained medical treatments.

Instead, we all have the right to understand medical choices and make informed decisions guided by our personal needs. We facilitate communication with doctors, hospitals and other healthcare providers, family members to develop healthcare plans tailored to each person's needs.

Please [contact us](#) to discuss the healthcare needs of your loved one.

Have questions or want to make an appointment? Contact us or request an appointment online.

[SCHEDULE APPOINTMENT](#)

