



Get started



Select your state



Select your insurance

Begin →

Find a Hopscotch therapist in-network with your insurance



BlueCross BlueShield of Texas

HIGHMARK Blue Cross Blue Shield



Empire BLUECROSS BLUESHIELD

We're working hard to add more plans soon. Start off with self-pay and our team can help you with out-of-network reimbursement.

It's hard when the ones you care about are



Let us help you

struggling

Our experts can support your child or teen.



Our providers are committed to delivering world-class care for families

Available child and teen therapists



Virtual therapy with engaging activities



Access to resources beyond sessions

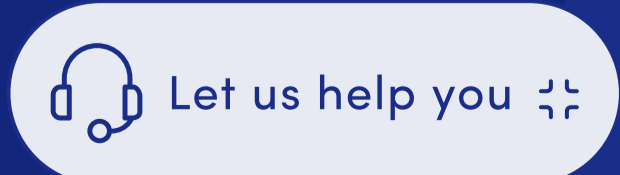


How it works

Find available therapists near you

Request an appointment with a therapist you like

Begin sessions and access resources





Find a child therapist



Select your state



Select your insurance

Begin →

Access Hopscotch Family from anywhere

We help families thrive
Some of the concerns our providers



Let us help you

and many more!

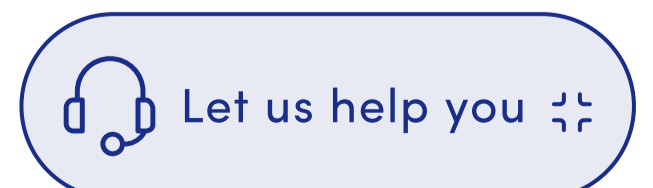
HIPAA compliant

We're committed to protecting your family's privacy. Everything you do in Hopscotch is safe, secure, and private.



 Let us help you 

Hopscotch is guided by leading experts



[Learn about us →](#)

Have Questions?

See the most commonly-asked questions we receive from families.

What is the Hopscotch provider network?

I sent a consultation request to a provider, what happens next?

The provider will follow-up directly to schedule a phone consultation and first appointment. All providers in Hopscotch's provider network community schedule their own appointments.

Do Hopscotch providers accept insurance?



Let us help you 🛠️

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 [617-333-8740](tel:617-333-8740)

 support@joinhopscotch.com



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 Let us help you 