



Pregnancy



A lot happens in these nine amazing months. Learn more about each week and trimester, prenatal care, your changing body, staying well, possible concerns, labor and delivery, and more.



YOUR BODY
Here's Why Your Feet Swell During Pregnancy—And How to Treat It

Medically reviewed by Andrea Chisholm, MD



YOUR BODY
Can I Take Cough Drops While Pregnant?

Medically reviewed by Andrea Chisholm, MD

YOUR BODY
Why Do I Have Itchy Feet During Pregnancy?

Medically reviewed by Tosin Odunsi, MD, MPH



YOUR BODY
Can I Do Yoga While I'm Pregnant?

Reviewed by Kristin McGee, CPT



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- All
- Beauty & Aesthetics
- Weeks and Trimesters
- Your Body
- Your Baby
- More v



Earlier in Your Second Pregnancy

Medically reviewed by Brian Levine, MD, MS, FACOG

Cardiomyopathy. Symptoms, Diagnosis, and Treatment

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Information on Genetic Disorders in Pregnancy

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Skin During Pregnancy. Here's How.

Medically reviewed by Rachel Nazarian, MD



STAYING HEALTHY
How Nutrition and Weight Gain Affect Your Pregnancy and Baby

Medically reviewed by Andrea Chisholm, MD



STAYING HEALTHY
How to Deal With a Headache During Pregnancy

Medically reviewed by Alyssa Dweck, MD



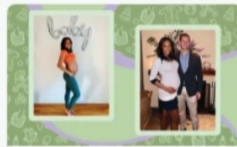
STAYING HEALTHY
Can I Eat Honey While Pregnant?

Medically reviewed by Brian Levine, MD, MS, FACOG



STAYING HEALTHY
Best Online Prenatal Yoga Classes in 2022

Reviewed by Kristin McGee, CPT



PREGNANCY
How I Built a Virtual Support System During My First Pregnancy

Fact checked by Marley Hall



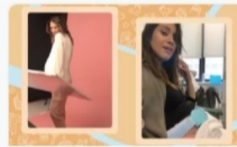
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Can I Eat Honey While Breastfeeding?

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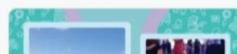
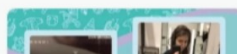
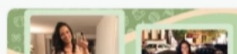
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How Hard Should I Work Out During Pregnancy? What One Mom Learned

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Dealing with an Early Delivery in a High-Risk Pregnancy

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How Learning to Love Maternity Clothing Helped Me Gain Confidence

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11 Things I Wish I Knew Before Building My First Baby Registry

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Can I Drink Beer While Breastfeeding?

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Can I Use a Heating Pad While Pregnant?

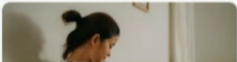
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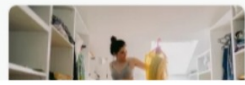
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What Are the Signs of a Weak Pelvic Floor?
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How Best to Style (or Hide!) a Baby Bump
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Prenatal Care	Preparing for Baby	Baby Names	Labor and Delivery

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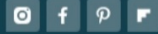
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