

App Store Preview

This app is available only on the App Store for iPhone.



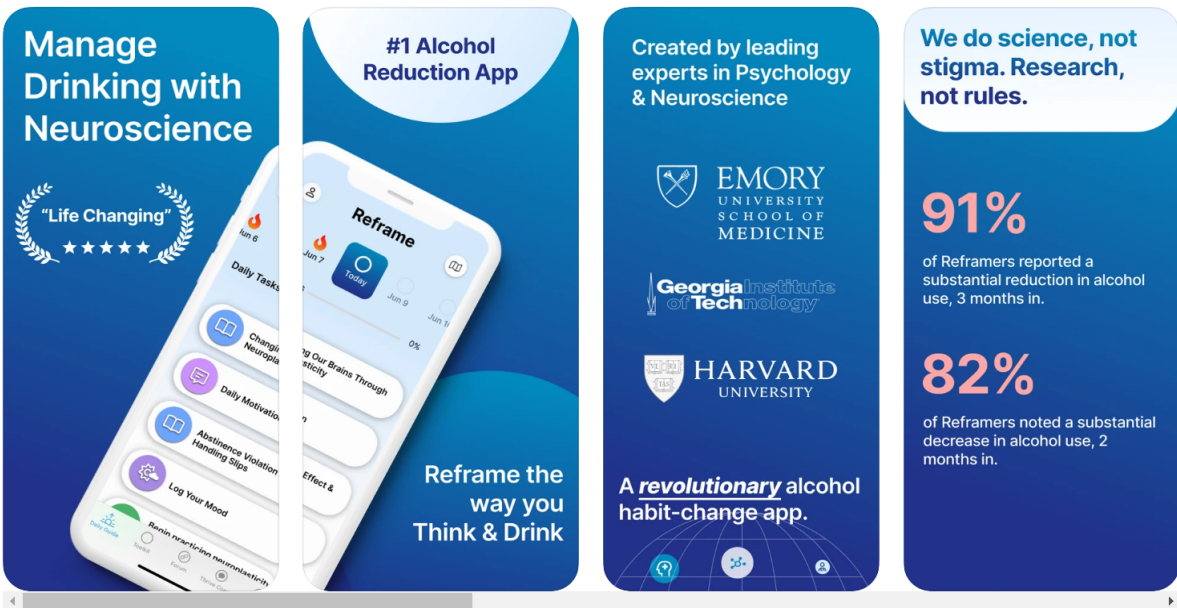
Reframe: Drink Less & Thrive 17+

Cut Back/Quit Drinking Alcohol
 Glucobit Inc.

#47 in Health & Fitness
 ★★★★★ 4.8 • 11.4K Ratings

Free · Offers In-App Purchases

iPhone Screenshots



Reframe is the #1 alcohol reduction app, built to help you drink less and live more. Whether your goal is to cut back or quit drinking entirely, Reframe's neuroscience approach can help you change the way alcohol shows up in your life.

With a core 160-day, evidence-based, education program, progress tracking, a private community, and [more](#)

What's New

[Version History](#)

Bugfixes

Version 3.5.95

Ratings and Reviews

[See All](#)

4.8 out of 5

11.4K Ratings



teenyvikingchild, 11/30/2021

Game Changer

Over the years, since questioning my [more](#)

Developer Response,

We are so grateful for you and for your [more](#)



Scorpion1117, 12/21/2021

App sent by Angels

Eight days ago I was hopeless and thinki [more](#)

Developer Response,

We are SO proud of you. Truly! You are a [more](#)



DenverbroncosPmac, 02/26/2022

Worked for a stubborn doctor

By my very nature, I tend to be a "go it [more](#)


Developer Response,

Wow! This feedback absolutely blows us [more](#)

App Privacy







[See Details](#)

The developer, **Glucobit Inc.**, indicated that the app's privacy practices may include handling of data as described below. For more information, see the [developer's privacy policy](#).



Data Not Linked to You

The following data may be collected but it is not linked to your identity:

 Location	 Contact Info
 User Content	 Identifiers
 Usage Data	 Diagnostics




Privacy practices may vary, for example, based on the features you use or your age. [Learn More](#)

Information

Seller Glucobit Inc.	Size 108.1 MB	Category Health & Fitness
Compatibility iPhone Requires iOS 13.4 or later.	Languages English	Age Rating 17+ Infrequent/Mild Alcohol, Tobacco, or Drug Use or References Frequent/Intense Medical/Treatment Information
iPod touch Requires iOS 13.4 or later.		
Copyright © 2021 Glucobit Inc.	Price Free	In-App Purchases 1. Reframe Access (Monthly) \$13.99 2. Reframe Silver (Monthly) \$24.99 3. Reframe Access (Yearly) \$79.99 more







[App Support](#) [Privacy Policy](#)

More By This Developer

 <p>Time Chamber Productivity</p>	 <p>Time Chamber: Self Improvement Lifestyle</p>	 <p>Reframe Mind: Master Emotions Health & Fitness</p>
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