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SKI & SNOWBOARD LESSONS

At Sugarloaf, ski and snowboard lessons are as effective as they are fun with our Guaranteed Learning Method. We combine progressive slope difficulty with the Perfect Turn coaching system to make learning to ski or ride easy and fun.

Advanced Reservations Required [➔](#)

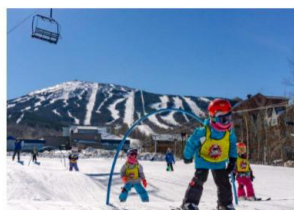
FIND YOUR LESSON



LEARN TO SKI OR RIDE

Available Daily | Ideal for first-timers, our Learn-To program includes everything you need to get started, from a full rental set-up, to a 90 minute lesson, and lower-mountain lift ticket.

[LEARN MORE](#)



KID'S LESSONS

Available All Season | Daily half or full day group lessons for kids 1½ - 14 years old, organized by age and ability. Our professional instructors keep the focus on skill development, safety, and fun.



[LEARN MORE](#)



ADULT LESSONS

Available Daily | Take your skills to the next level with personalized instruction from a Perfect Turn ski or snowboard professional.

[LEARN MORE](#)



SEASONAL PROGRAMS

Sold Out | For skiers and riders who believe that winter is a way of life, sign up for one of our season-long programs, with offerings for all ages.

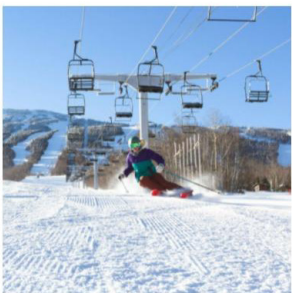
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PRIVATE LESSONS

Available Daily | Take your skills to the next level at your own pace with a private lesson from one of our Perfect Turn ski or snowboard professionals.

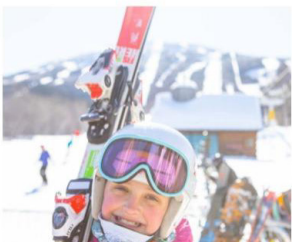
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SPECIALTY PROGRAMS

From telemark lessons to semi-private guided tours and all-female shred sessions, the professional instructors at Perfect Turn will teach you to tear it up here at Sugarloaf.

[LEARN MORE](#)



PARTNER PROGRAMS

Choose from elite level competition training or introductory adaptive instruction programs, offered by our local partners.





LEARN MORE

KNOW BEFORE YOU GO

LESSON DETAILS

Expand All

Choose Your Lesson



Get Lift Tickets



Rent Equipment



What To Wear



Where to Go



Cold Weather Breaks



TERRAIN BASED LEARNING

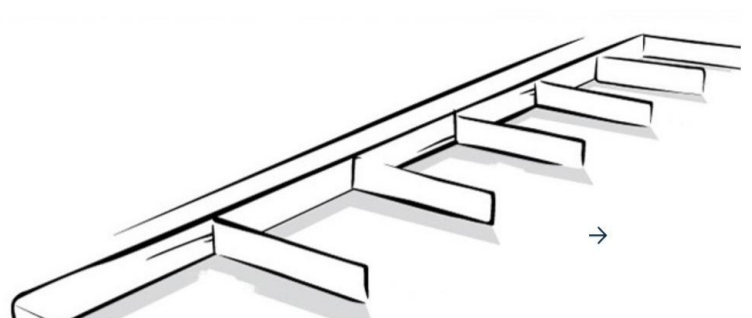
We've partnered with SNOW Operating to make your first day of sliding easier and even more fun. By using specifically shaped snow features to naturally control your speed and body position, Terrain Based Learning™ removes the traditional fears and anxieties associated with your first time sliding on snow, allowing you to focus purely on the fun!

Using Terrain Based Learning™, we've simplified the process of learning to ski or snowboard down to four simple steps:

STEP ONE

THE FLATS

In the Flats, you'll meet your instructor and fellow lesson participants. This is where you'll get familiar



with your equipment and the basic ranges of motion needed for your time on snow.

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