

What is a CMT - Certified Myofunctional Therapist(TM) — What is a Myofunctional Therapist?

A Certified Myofunctional Therapist™ is an individual who has continued their education beyond initial myofunctional therapy coursework via The Myo Method™ and has undergone a certification process that demonstrates their clinical knowledge and skills. The certification process includes comprehensive coursework, mentorship, review of research, participation in conferences and clubs as well as passing a multi-step exam and presentation of a patient case to colleagues.

Professionals will maintain their CMT - Certified Myofunctional Therapist™ certification by participating in continuing education courses in the myofunctional therapy and related spaces and by maintaining their professional licensure.

A Myofunctional Therapist is a professional in the speech-language pathology, occupational therapy, physical therapy, or registered dental hygiene profession who completes coursework in the evaluation, prevention, and treatment of Oral Myofunctional Disorders (OMDs).

Do you have a certification board to fairly and equitably oversee the certification process?

Yes! We have a certification board to oversee the certification process. Please see details on the certification process to understand their involvement.