

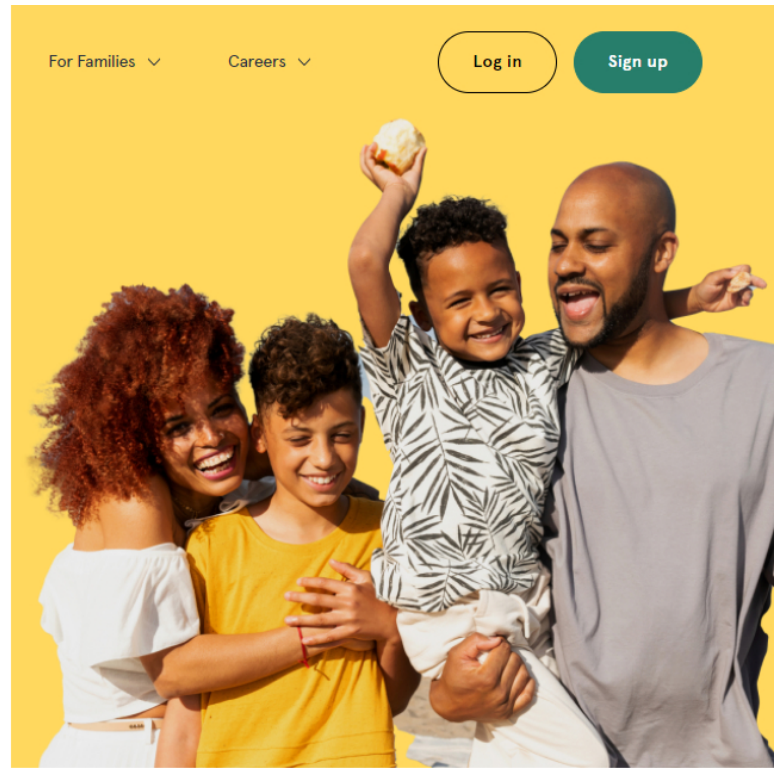
MEMBERSHIP

# Get virtual behavioral health support for your family

Get support that helps your child thrive – where and when you need it

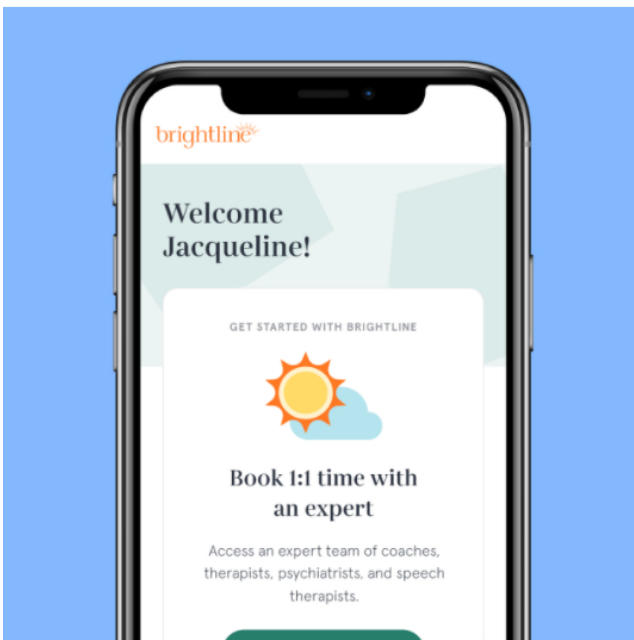
Sign up today

Have questions? Call (888) 224-7332 to speak with a Brightline team member about our services



## What you get when you join Brightline

School stress, anxiety, self-esteem issues, acting out, feeling blue – whatever tough stuff your child is dealing with, we're here to help



START HERE

### Connect

Access self-guided content and interactive exercises for working through everyday challenges – on your own time, right from our mobile app

SUPPORT WHEN YOU NEED IT

### Coaching

Get support from expert Coaches and help your child build skills that make daily life less stressful – in as few as four weeks

### Care

Access personalized care from licensed therapists, psychiatrists, speech therapists, and others for whatever tough stuff you have going on

Get started



## Forward, together

Concerned that your child seems anxious or sad? Dealing with tough behavior or school issues? We've got your back.

- ✓ No wait list
- ✓ Video visits with expert therapists and coaches
- ✓ Programs proven to work for kids and teens
- ✓ Support for parents and caregivers, too

[Explore our programs](#)

## What makes Brightline different

Every family needs a little support sometimes – that's where we come in

### Expert care teams

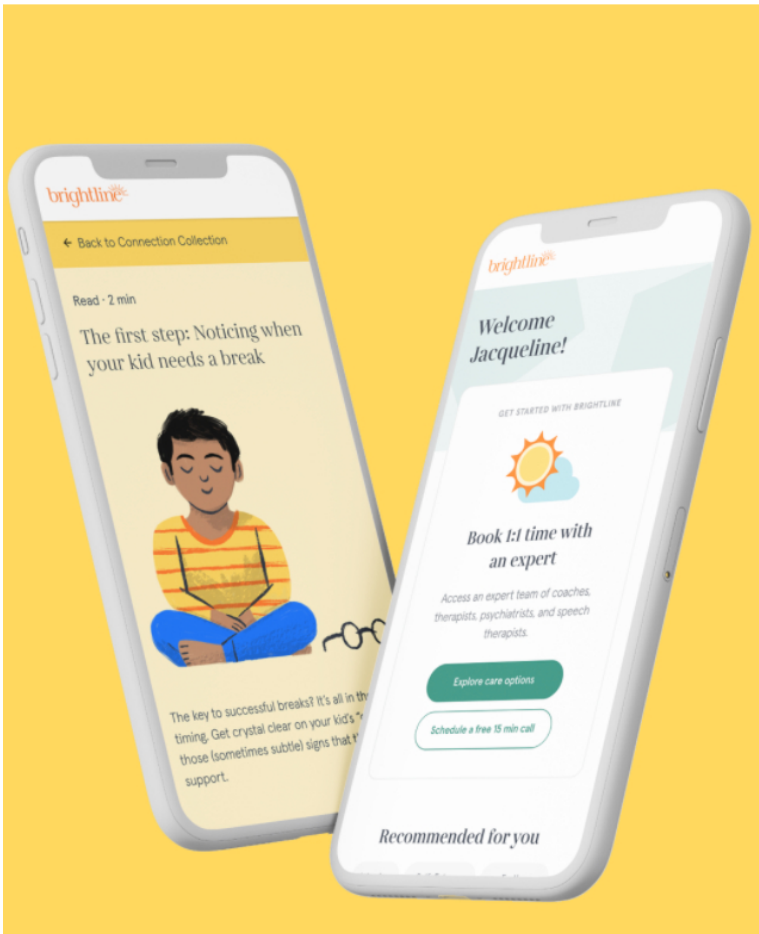
No more running around town juggling appointments. Access care for your child from expert coaches, licensed therapists, psychiatrists, speech therapists, and others right from home.

### All about families

Pandemic parenting has brought on a whole new level of stress – we've got your back with tips and resources on how to support your child, progress updates, and check-ins with your child's care team.

[Learn about our approach](#)





## Care built just for kids and teens

Kids aren't just small adults, so what works for us isn't right for them. That's why we've designed coaching programs, personalized care plans, and an experience that's all about helping kids and teens work through challenges and really thrive.

## Help without the hassle

Chat with your Brightline Coach in our app anytime, use our interactive exercises with your child between sessions, book appointments online, and so much more. We're all here to make this easy on you, too.

[See what it's like to be a member](#)

## Our care team leadership



**Peter Antall MD**

Chief Medical Officer

Dad of 2



**David Grodberg, MD**

Chief Psychiatric Officer

Dad of 2



**Renee Schneider, PhD**

VP & Head of Therapy

Mom of 2



**Alexandra Doring Allen**



**Ivana Disanto Smith**

Alexandra Boevig Allen,  
PhD

VP Clinical Strategy


Mom of 2

Irene Dissanayake Simu,  
NBC-HWC

Head of Coaching

Mom of 3

## Get started with Brightline today



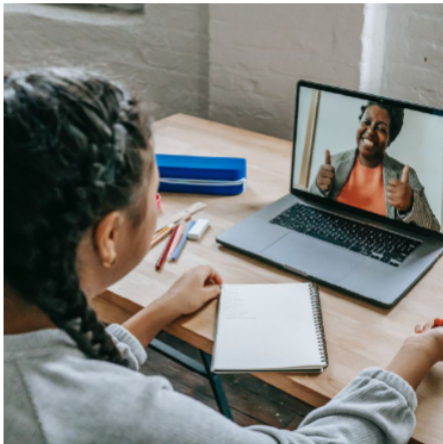
**For Families**

Get support for whatever tough stuff you're dealing with, from a care team who will always have your back.

[Join now](#)

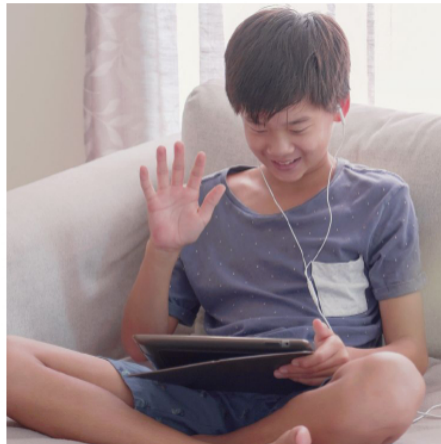
## Get tips and resources for your family

[View More >](#)



FOR FAMILIES • MAY 3, 2021

Therapy vs. Coaching for kids & teens



FOR FAMILIES • FEB 18, 2021

5 signs your child might need a therapist



FOR FAMILIES • AUG 26, 2021

5 Brightline coaching programs that will help you tackle back-to-school

## Brighter days ahead

Follow us for happy news and behavioral health tips @hellobrightline



## Join our newsletter

We're growing fast. Sign up for news and updates!



### Contact

(888) 224-7332

info@hellobrightline.com

### If you, your child, or someone you know is in crisis

Call 911, go to the nearest emergency room, or reach out to the following national resources. You're never alone.

Call 1-800-273-TALK (8255) to reach a 24-hour crisis center.

Text 741741 to reach the Crisis Text Line

### Company

About

Careers

FAQ

### Partners

Employers

Consultants

Health Plans

### For Families

Care Team

Pricing



All clinical services are provided by licensed physicians and clinicians practicing within independently owned and operated professional practices. For patients in California, this is known as "Brightline Medical Associates of California, Inc." For patients in all other states, this is known as "Brightline Medical Associates, PA". Brightline, Inc. does not itself provide any physician, behavioral health professional, or other healthcare provider services.

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