



Don't wait until you have chest pains to find out how your heart is doing.

Take action with Cano.

Dr. Juan has teamed up with Cano Health to help our patients understand their cardiovascular disease risk.



Healthy Heart

To request more information regarding the Healthy Heart program by Dr. Juan, please scan the QR Code, choose the Cano Health center of your preference, and give us a call. We'll be glad to help!



SCAN ME

Contact Us!

855.447.6059

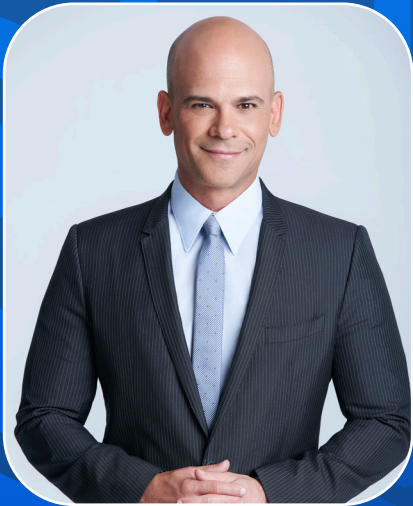
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Healthy Heart

DO YOU KNOW HOW YOUR HEART IS DOING?

Cano Health can help with its ground-breaking cardiovascular prevention program



A Matter of the Heart

How many times have you heard someone say, “**he had a heart attack out of the blue**”? Heart disease is a silent killer—but it doesn’t have to be. Whether or not you are experiencing any symptoms, it’s always a good idea to “check under the hood.” Don’t wait until chest pain strikes to learn how your heart is doing. Understand your cardiovascular risk now and take part in our proprietary program to reduce it.

Dr. Juan Rivera is a board-certified Internist and Cardiologist who trained at Johns Hopkins University and specializes in prevention, early detection, and treatment of cardiovascular diseases. A respected medical expert, author, and beloved TV personality, Dr. Juan is a frequent guest on Good Morning America and host/co-creator of the “My Abuelita Told Me” series on WebMD. Additionally, he is the Chief Medical Correspondent for the Univision TV Network and hosts a popular weekly program on Univision called “Dr. Juan.” He was recently named one of 2020’s Top Health Influencers by PR Week.

In addition to his success as a trustworthy bilingual voice in medicine, Dr. Juan maintains a private practice at Mount Sinai Hospital in Miami Beach. Now, he has teamed up with Cano Health to share his cardiovascular expertise with our patients.

Healthy Heart Brings You Peace of Mind

Our risk assessment protocols and imaging technology can find silent plaque in your heart. Learn if you are at low, intermediate, or high risk for a heart attack. Understanding your risk will help determine lifestyle and medical interventions for a prolonged life.

Holistic Care Keeps You on Track

Our clinical team takes great care of our patients, and our population health team monitors your health statistics to alert you and your provider to risk factors and changes in your heart health.

Know The Risks

Our Healthy Heart program will help you understand the risk factors that lead to developing plaque in the arteries, such as obesity, high cholesterol, high blood pressure, diabetes, smoking, poor diet, and a sedentary lifestyle.

Ask About Our Prevention Programs

A healthy heart starts with prevention tactics. Inquire about our prevention programs such as help with weight loss, nutritional consultation, and exercise programs.

