double edge

Visiting Athlete

No Sweat Intro

GET STARTED ABOUT WHAT WE OFFER SCHEDULE RATES BLOG CONTACT

About Our Gym



RENO'S BEST BOX

Double Edge's two locations give you twice the opportunity to get the mood-boosting, sweat-inducing workout you're craving. Our two massive boxes, in Midtown (14,000 sq. feet), have everything you need to get in great shape. We've got more top-of-the-line equipment than anyone else around, plus men's and women's showers, children's rooms to drop the kiddos in so you can get your workout, plenty of parking, and so much more. Plus – We've got space to spare, so open gym time is anytime – even during classes!

TRY DOUBLE EDGE FITNESS FREE!

Simply choose your experience level and get registered for Double Edge Fitness today!

START HERE

RENO'S PREMIER FITNESS FACILITY

Our goal at Double Edge Fitness is to identify and assist the fire inside of you to make a change that not only works but will last. We utilize the proven benefits of fitness to create a unique approach to training that is specifically designed to help shape bodies, change attitudes and transform lifestyles. With more full-time professional coaches then any other gym in Reno, we are passionate about providing a training experience that is nothing short of the best. Our coaches customize your training and create plans to help you lose weight, gain muscle, increase your athletic performance, or meet whatever goal that has you motivated to move. So whether you're 100% new to fitness or already a top-tier competitor, come on in. Let's feed your fire together.

OUR MISSION STATEMENT

Our goal at Double Edge Fitness is to make Reno the healthiest city in the country and our daily mission is to inspire you to take health and fitness home.

Faith - Humility - Perseverance - Integrity - Excellence

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PASSIONALE COACHES

At Double Edge, our fitness is founded on community - and it all starts with our coaches! These talented men and women are passionate about helping our members reach their goals and making lifelong friendships in the process.







Derek Wellock



Jacob Wellock



Leo Fontana



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