CHAT TO SAVE EXTRA 10%

Find Your Gym

SHOP TOTAL GYM

**SUCCESS STORIES** 

**WORKOUTS** 

**ABOUT TOTAL GYM** 

**NEW!** TOTAL GYM TV



Order by December 15th to get it by Christmas! Shipping Details >>









>











# **Unit Dimensions**

Unfolded: 18.5" W x 93" L x 44.5" H Folded: 18.5" W x 50.5" L x 8.5" H

# **Total Gym FIT Signature Series Plus**

★★★★★ 4.7 (1342 Reviews) Reviews

\$2,344.90 \$1,399.95 **SAVE 40% TODAY ONLY!** 

WHILE SUPPLIES LAST! Exclusive Offer - Limited-Edition Chuck Norris Total Gym FIT Signature Series Plus. Includes a customized glideboard with Chuck's signature, Limited-Edition Model Certificate, perfectly engineered EXTRA LARGE SQUAT STAND with 50% more surface area, plus:

- Available in Your Choice of Yellow or Blue
- FREE streaming workouts with Total Gym TV Basic.
- 12 Levels of Resistance
- Over 85 Exercises on One Home Gym
- 450lb User Weight Capacity
- Arrives Fully Assembled
- Lifetime Warranty on Frame, Extended 2-Year Warranty on Parts & Priority Processing

What's Included in the Total Gym FIT Signature Series Plus?

#### **SELECT A COLOR:**





Yellow Blue





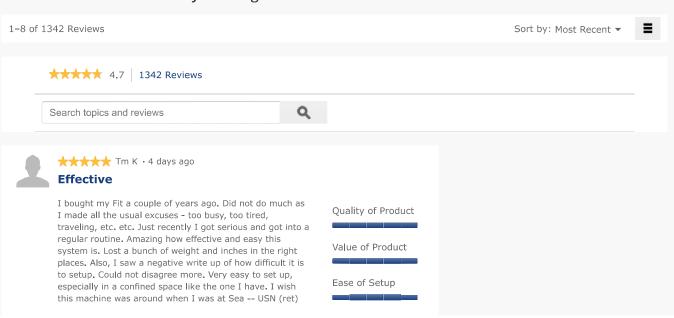
# What's Included in the Total Gym FIT Signature Series Plus?

ACCESSORIES TOTAL GYM TV **FEATURES & SPECS GUARANTEE** Accessories The NEW Total Gym FIT Signature Series Plus Home Gym Equipment includes an extensive line of Total Gym FIT Signature Series Plus accessories designed to enhance your home workouts including the Total Gym-Certified Extra Large Squat Stand meticulously designed and tested for safe and joint-friendly workouts. • Extra Large Squat Stand – Do more, with more! 50% more surface space than the oval squat stand. Easily reach more angles and work more muscles than ever before! Engineered with your safety and Total Gym quality standards in mind. • Best-Selling Total Gym AbCrunch Accessory - See it in action! • 2-Piece Wing Attachment for wider range of motion

## Read the reviews for Total Gym FIT Signature Series Plus

• Leg Pull Accessory with detachable Bracket and 2 Ankle Cuffs

Be sure to check out Total Gym FIT Signature Series Plus Reviews!



Quality of Product

Value of Product

Ease of Setup

Ease of Use

Comfort

Ease of Use

Comfort

▶ Pros Easy to Use, Quiet, Strengthens, Sturdy, Easy to Set Up, Comfortable

**♦ Cons** None

**▶ Best Uses** Heart Rate Training, Weight Loss, General Fitness, Performance Training, Low Impact Exercise

**Yes**, I recommend this product.

Helpful? Yes · 1 No · 0 Report



★★★★★ Robby56 • 4 days ago

#### **Everything I expected and MORE!!**

After years of wanting a Total Gym, I purchased one six months ago, spurred on by my inability to use my gym due to Covid. The Total Gym FIT is a superb piece of exercise equipment, and I have had many down through the years, including ski machines, treadmills, rowers and multistation olympic weight training setups. The Total Gym allows me to engage in vigorous resistance training without the percussiveness of free weights, which were beginning to bother me due to the combination of my age (64) and the fact that I still needed heavy weights for a truly vigorous workout. I really love the workouts on Total Gym TV as well. The Total Gym allows me to really push myself without the worry of injury, and I get a great aerobic workout as well as great strength training. The machine is high quality and the customer service is superb as well. The price is totally reasonable for the value you get. Don't delay as I did. Grab a Total Gym now!!!!!

> Pros Easy to Use, Easy Storage, Quiet, Strengthens, Sturdy, Easy to Set Up, Comfortable Cons None

**▶ Best Uses** Strength Training, Heart Rate Training, Weight Loss, General Fitness, Low Impact Exercise

Helpful? Yes · 0 No · 0 Report

★★★★★ Mramstel • 8 days ago Love the total gym experience

with it the first day, I watched the intro video. I like that you can adjust the intensity of the workouts very easily. After a few times using it, now I go from one exercise to another quickly, adjusting the intensity level as needed. Im still doing the basic workout which is fine for me. I get a good sweat going, get sore but no pain, and am feeling and starting to see results after 5 weeks. It's actually fun working out. Soon I'll start adjusting the workout, adding other exercises so as not to become stale. I definitely recommend the total gym.

I love working out on the tital gym. After "playing" around

▶ Pros Easy to Use, Quiet, Strengthens, Sturdy, Easy to Set Up, Comfortable

**♦ Cons** None

▶ Best Uses Strength Training, Weight Loss, General Fitness, Low Impact Exercise

**Yes**, I recommend this product.



Helpful? Yes · 0 No · 0 Report

Quality of Product Value of Product Ease of Setup Ease of Use Comfort

https://totalgymdirect.com/shop/total-gym-fit-signature-series-plus/



★★★★★ Carrie • 10 days ago

## Convenient and compact home gym

I love my Total Gym. I can use it for a just a few minutes at a time throughout the day. It's easy to adjust the height and to swap out attachments. Be careful when unfolding it though, I lost my grip and it slammed down on my foot. Very painful. Other than that, it is great!

- ▶ Pros Easy to Use, Easy Storage, Strengthens, Sturdy
- **♦ Cons** Hard to Set Up
- ▶ Best Uses General Fitness





Helpful? Yes · 4

★★★★★ KatMcW • 11 days ago

#### Great for all levels of users

Easy to assemble and use. Great for all levels of users. My only complaint is, I ordered some of the accessory pieces and their was no instructions on how to connect them, it was a little bit of a guessing game. Overall so far so good. It's perfect for me who is getting back in to working out after years and also for my son who had been going to the gym daily before COVID.

No · 0 Report

- ▶ Pros Easy to Use, Strengthens, Sturdy, Easy to Set Up
- **♦ Cons** Bulky

Helpful? Yes · 6

**▶ Best Uses** Strength Training, General Fitness

No · 0

Report

**Yes**, I recommend this product.



Quality of Product



★★★★★ Jackee • 15 days ago

### still have the original

Bought one when my son was one. He is 29 now, I still use it religiously and I cannot say enough about this piece of equipment. Nothing has ever broken!!!I All the times I have moved, this is the one thing I will never part with

- Pros Easy to Use, Easy Storage, Quiet, Strengthens, Sturdy, Easy to Set Up, Comfortable **♦ Cons** None
- **▶ Best Uses** Strength Training, Heart Rate Training, Weight Loss, General Fitness, Performance Training, Low Impact Exercise
- **Yes**, I recommend this product.

Helpful? Yes · 11 No · 4 Report





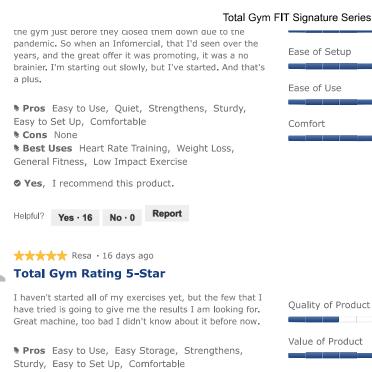


★★★★ Ron W • 16 days ago

# Finally getting Fit

I am 72 and unfortunately I've let myself go, fitness wise. 2 years into retirement and already I'm feeling the affects of not working. Having been a Postal Letter Carrier for 45 years, I was fairly fit. I purchased the Total Gym Fit Signature Series Plus out shear luck. I'd started going to

Quality of Product Value of Product



**♦ Cons** None

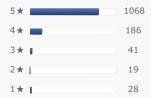
**▶ Best Uses** Strength Training, Weight Loss, General Fitness

**◊ Yes**, I recommend this product.



Rating Snapshot

Select a row below to filter reviews.



Average Customer Ratings



**WRITE A REVIEW** 

1-8 of 1342 Reviews

