

Now accepting Aetna, Cigna, Oscar, Oxford, United & Medicare Insurance Plans

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Rethinking mental health.

Better access to care when you need it most.

Therapy and psychiatry are too difficult to access and too expensive. Lavender was created to solve these issues and provide a modern mental health care experience

that meets the moment.

Founded by a team of passionate nurse practitioners who care deeply for their communities, Lavender is rewriting the playbook for the modern standard of psychiatric care. We're committed to offering care that's backed by science and delivered by friendly providers who go the extra mile for you.

What We Treat.

ADD/ADHD

Anxiety & social anxiety

Binge eating

Bipolar

Depression

Covid related anxiety

Fertility & reproductive support

Grief

Insomnia & sleep disorders

LGBTQ2IA+

What We Prescribe.

Amitriptyline (Elavil)

Bupropion (Wellbutrin)

Buspirone (Buspar)

Citalopram (Celexa)

Clonidine (Catapres)

Duloxetine (Cymbalta)

Escitalopram (Lexapro)

Fluoxetine (Prozac)

Gabapentin (Neurontin)

Hydroxyzine (Vistaril)

Lamotrigine (Lamictal)

Prescribe sparingly.

The following prescriptions may be offered in extenuating circumstances on a case by case basis, often in collaboration with your primary care provider and/or therapist.

Alprazolam (Xanax)

Clonazepam (Klonopin)

Diazepam (Valium)

Lorazepam (Ativan)

Adderall (Amphetamine)

Ritalin (Methylphenidate)

Low self esteem	Mirtazapine (Remeron)	Concerta (Methylphenidate)
Panic disorder	Paroxetine (paxil)	
Postpartum depression	Propranolol (Inderal)	And any other controlled substances.
Post traumatic stress	Sertraline (Zoloft)	
Problems with motivation	Trazodone (Desyrel)	
Public speaking anxiety	Venlafaxine (Effexor)	
Stress	Vilazodone (Viibryd)	

Book Now

Stay safe, stay home.

Through our partnership with Capsule, Lavender offers free same-day prescription delivery to our clients in New York City.

How it works.



We send your prescription
to Capsule

Capsule texts you within
the hour to schedule
same-day delivery

Capsule safely delivers
your meds anywhere in
the five boroughs

[Learn more about Capsule](#)

Expert providers.



All of our board-certified psychiatric nurse practitioners follow the highest clinical standards, and they offer both medication management and supportive therapy.

This means you can receive therapy and prescriptions from a single provider, which saves you time and money, and ensures you get the same high standard of care every time.

Founding team.

Brigid & Pritma met while completing their doctoral degrees at Yale University. They share a passion for modernizing mental health, and founded Lavender not only to deliver quick, friendly and efficient care from expert providers, but also to empower clients and providers through technology.



Brigid Gannon, DNP, PMHNP-BC

Co-Founder

Brigid is a psychiatric nurse practitioner and seasoned entrepreneur. She is the founder of Ivy Psychiatry, a psychiatric group that provides consultation to over 25 skilled nursing facilities in New York State. Prior to founding Ivy, Brigid was the Associate Director of Behavioral Health at the Tillary Street Women's Shelter in Brooklyn, New York. Outside of work, Brigid loves meditating, busting moves on the dance floor, and spending time with



Pritma Dhillon-Chattha, DNP, MHA, RN

Co-Founder

Pritma is a serial entrepreneur and nurse executive with 17 years experience. She has deep expertise in clinical informatics, and owns multiple thriving businesses, one of which was recently acquired. Pritma serves as adjunct faculty at the University of Calgary & University of Victoria; and is the former provincial director of Electronic Quality and Safety at Alberta Health Services (AHS). When not working, Pritma enjoys cuddles with her 3 year old

her 9-year-old labradoodle, Finn McCool. Brigid is dedicated to ensuring our members receive effective care in a timely manner, with real, sustainable results.

daughter and newborn son! Pritma is committed to ensuring our clients have an effortless care journey with Lavender.

What People Are Saying

"

I needed a prescription refill while travelling on business. Lavender was quick and easy to use.

"

— JACOB F.

"

My lavender provider is amazing and super accessible. I save so much commuting time.

"

— EMILY Y.

"

The membership model is convenient, affordable, and gives me the flexibility I need.

"

Everyone at lavender is so friendly and quick to respond to my requests.

”

— ARIYA P.

”

— KEVIN G.

**Motivation comes from within — we're
here to help you activate it.**

Join Lavender

Start your healing journey today.

[Book Now](#)

If you're having a medical or mental health emergency:

Call 911 or the National Suicide Prevention Hotline 1-800-273-8255; or go to your local ER.

You belong here. ♡



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A
Review**