



Super Seed Chocolate PBfit Plus Protein Smoothie Chocolate Strawberry and Banana Smoothie

Gluten-Free Peanut Butter Cookies

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How It's Made

Roast: Gently roast peanuts.



Press:
Press out the oil and fat.



Grind:

Grind to fine powder.



Mix:
Blend with
coconut
sugar and a
pinch of
salt.

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PBfit Lifestyle













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