

Peanut Butter Without the Love Handles

PBfit is a peanut butter powder. We roast & dry pressing gently roasted peanuts to remove most of the fat and calories. Then we grind the peanuts and mix in some coconut palm sugar and a pinch of salt. The result is a delicious peanut butter powder that has 20% less fat and 1/3 the calories of traditional peanut butter.

Not only is PBfit delicious, but it is also incredibly easy to use. You can mix it into anything from oatmeal to Thai peanut sauce. Or you can just add water and make peanut butter!

Imagine making an peanut butter that's only 70 calories vs. 900 calories and 2g vs. 19g fat compared with regular peanut butter. That means guilt-free smoothies, PB & J's, peanut butter dips, oatmeal, cookies, granolas - you get the idea. It's a new way to enjoy peanut butter.



How It's Made

Roast:
Gently roast peanuts.

Press:
Press out the oil and fat.

Grind:
Grind to fine powder.

Mix:
Blend with coconut sugar and a pinch of salt.

What Can I make with PBfit®?

