

Get \$25 off our Pro Bundle

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United States \$ USD (<https://www.powerdot.com>)



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POWERDOT

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Hello, I am PowerDot

Simple. Intuitive. PowerFul. With easy-to-follow instructions, safety advice, therapy recommendations, progress tracking, and manual settings, the PowerDot app gives everyone access to world class muscle stimulation.



[https://itunes.apple.com/app/powerdot/id957786884?](https://itunes.apple.com/app/powerdot/id957786884?mt=8)



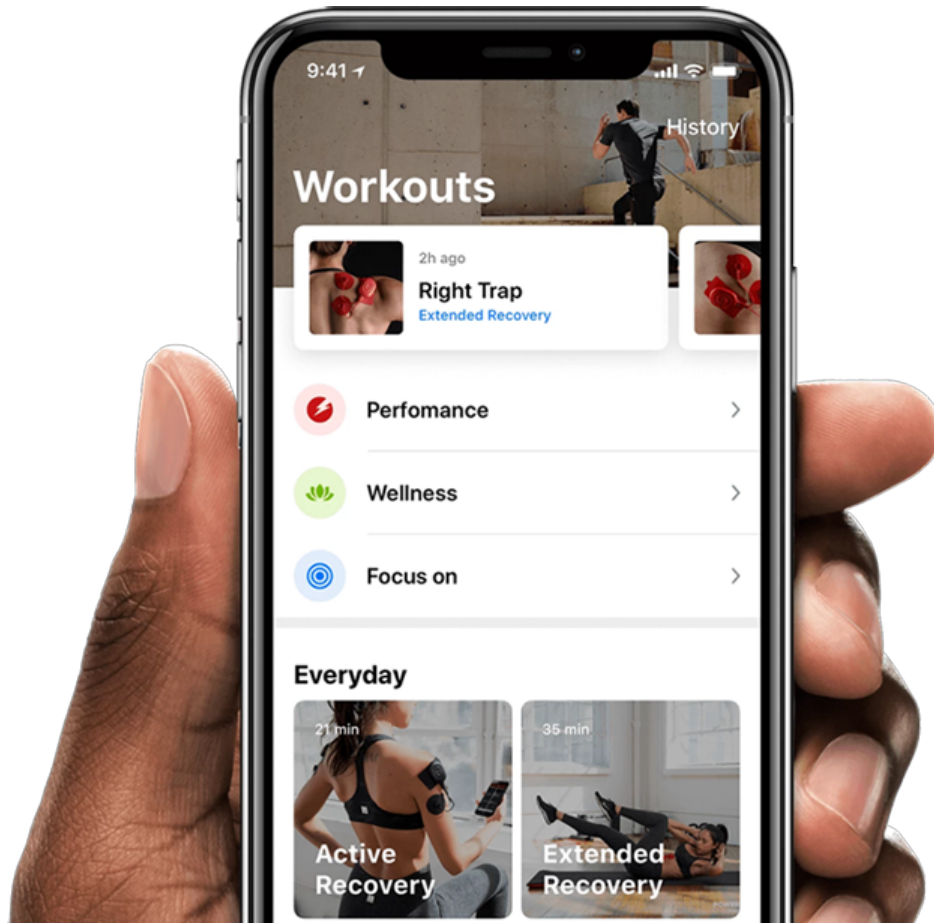
<https://play.google.com/store/apps/details?id=com.smartmio&hl=en>

Recovery for every body.

The PowerDot app guides you through everything you need to recover like a pro. Open the app, choose your program, see how and where to properly place the pre-charged pods, and you're on your way to feeling great.

Everything you need

The 10 Preset programs + manual settings are designed to speed up muscle recovery, improve performance, and massage away tension from stress.



Where you need it

Once you select the perfect program, we walk you through body part selection and placements to ensure you receive the therapy you need. View the video below to see PowerDot in action.

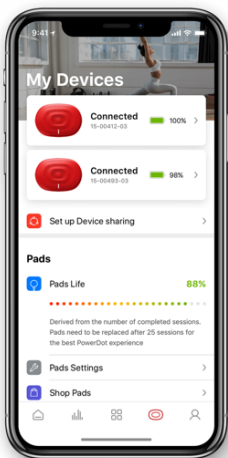


[See App in Action \(https://www.youtube.com/watch?](https://www.youtube.com/watch?)

[v=po38OS9zMQ8&rel=0&showinfo=0](https://www.youtube.com/watch?v=po38OS9zMQ8&rel=0&showinfo=0)

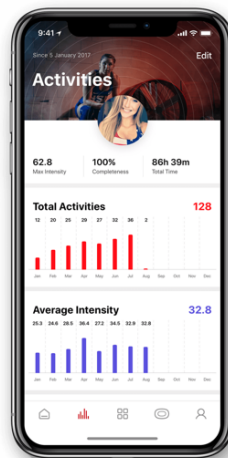
My Devices & Pads

Syncing your PowerDot to the app is simple. Once synced you can easily view battery and pad life so you're always ready to go.



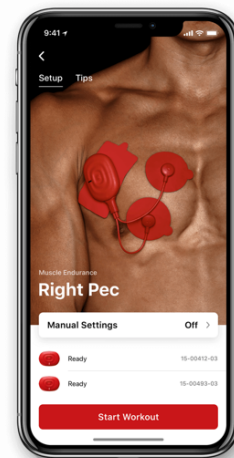
Personalized experience

Upload photos to customize your profile, and use the built in activity tracking to measure your progress.



Placement guides

High quality photos provide easy-to-understand placement guides that take the guessing out of muscle stimulation.



PowerDot Uno

★★★★★ 1065 Reviews

Choose your Setup:

UNO (One Pod)
\$199.00

DUO (Two Pod)
\$349.00

Choose your Color:

Red

Black



+ PowerDot Plus Program | \$29.95

Program Includes: Extended Warranty, Lifetime Free Shipping, Premiere Customer Support & Exclusive Offers. [Learn More](#)

**Available only during purchase of PowerDot 2.0*

Starting at \$17/mo with [affirm](#). [Prequalify now](#)

Add to cart

Ships from the USA

Free shipping on Smart Muscle Stimulators™

*excludes select territories



PowerDot® is the world's smartest muscle recovery & performance tool. The Smart Muscle Stimulator connects via Bluetooth® to an intuitive mobile app that controls 12+ electric muscle stimulation programs designed to help you:

[Read more...](#)

GEAR PATROL

RUNNER'S

Men'sHealth

WIRED

POPSUGAR.

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